



ઓશવાળ
સમાચાર

OSHWAL news

November 2015 Edition



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Diwali Issue





Contents

Jai Jinendra

Wishing you Happy Diwali / or Deepawali

Diwali is celebrated globally, it brings unity and happiness to millions of people. To enjoy the true essence of Diwali one has to make a visit to India.

The festival is very special and we have our rituals with a significance and a story to tell – victory of good over evil, Lakshmi Puja for Wealth & Prosperity, grand firework displays to celebrate the joy of being alive.

In the Jain religion, we celebrate it because it was the day when our 24th and last Tirthankara attained Nirvana, approx. 527 B.C.

Our Diwali issue has many reports and articles for you to enjoy – see the pictures taken during the recent events – the 10th Anniversary of the Jain Temple.

All the events were very wonderful & very popular with the thousands of members who attended over the long weekend in August.

During Paryushan we made visits to all the areas Parvinbhai from Jaina Foundation accompanied us and gave his views and talks on modern Jainism, all the books they have produced in English are freely available to us.

Many of you have recently retired why not come forward and give us few hours of your time. We need people to get involved into new projects in 2016 – everyone is always welcome. Please don't hold back and come forward.

Wishing you a Happy New Year

Jai Oshwal

Sudhir Meghji Shah

Trustee and Editor of Oshwal News

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For future publication of Oshwal News, please submit your text in Word format and hi-res pictures in JPEG or BMP format. Gujarati articles should be submitted in a Microsoft Word document using Shruti font, and as a separate PDF file.

Submit your publication material by emailing: Sudhir Meghji Shah at sudhirmeghjishah@gmail.com

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General Information

We would always encourage all Oshwals and Oshwal Members to always first consider hiring our venues at Oshwal Centre (Northaw), Oshwal Mahajanwadi (Croydon), Oshwal Ekta Centre (Kingsbury), Oshwal Shakti Centre (Hounslow). By hiring these Oshwal venues you will be supporting your community. All funds raised are for the benefit of the Oshwal Association of the UK

Weddings, Birthday and Anniversary Parties, Meetings, Sadadi, etc,

Please phone or email the administrators at any of the offices with regard to availability and charges.

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Marriage Registration

Oshwal Centre & Oshwal Mahajanwadi are registered buildings for the solemnisation of marriage. Registration of a marriage at both venues will be part of a religious ceremony i.e. it will take place during and within the Jain / Hindu religious marriage ceremony. Oshwal Ekta Centre is registered for civil marriages thus religious ceremony is not needed. For further information please phone the administrators.

Sadadi Messages

If you would like to find out when and where any Sadadi are being held in respect of any deceased Oshwal, please call the information line on **01707 661 066** for further details.

All sadadi messages received will be placed on the website at www.oshwal.co.uk and also on the message line up to 4 days in advance only of the sadadi date. We request that all messages are kept very short & to the point. The reason is to avoid the engaged tone on the telephone line. Our admin staff will try to accommodate as much as they can but they will have a limitation on the length of the message. We wish to respect everyone wishes at such sad times for the family and request everyone for their kind cooperation in advance.

Obituary / Shraddhanjali Messages

The rate for inserting an Obituary I Shraddhanjali message in Oshwal News is £150.00 per page per issue.

Please ensure that wherever possible a passport sized photograph (preferably in black and white) is enclosed with the message which also should be **written out very clearly and neatly**. Please enclose your cheque and SAE for the return of any photos. Please note that it will not be possible to entertain any requests for proofs of these messages prior to printing.



President's Message

Jai Jinendra,

As we approach autumn and the days grow shorter, we can look back on an inspiring year for Oshwal Association. Summer was about weddings and social events for all of us, in between all of that, we had a fabulous celebration to mark the 10th Anniversary of our Derasar.

The spirit of our community and the single minded desire to see its progress has been the driver of our success over the last 47 years. That is most evident whenever we host major events.

This year Paryushan saw so many changes in the format, all well received by our members. That same enthusiasm saw us host a samu Savantsari, bring North, North East & North West together and catering with almost perfect co-ordination to look after 4000 members and guests.

The months to December see a variety of programmes both centrally and in the local Areas, details of these can be found in this issue of Oshwal News.

At the time of writing this article, we are a few days away from two major points of discussion affecting the future of Oshwal Association. The first is the proposal to merge North & North East Areas. No doubt there will be many views and the meeting will decide future direction. Similarly, you will have received notice of an SGM to discuss the future of South London Mahajanwadi. Again by the time this is published, that meeting and the decision will also direct the future of Oshwal Association.

As an Executive Committee our focus has been to change and to explore doing things in different ways. If community organisations are to succeed and remain relevant to a changing profile of younger



Oshwals, we need to be open to change.

With second generation Oshwals now becoming parents, the values from back home be it East Africa or India, become less relevant to the new generations. As British Oshwals, we have our own clear and defined identity, what is most important is that we reinforce that identity and the core values that make our community so strong.

We could raise hundreds of points on what is important and what is not. However, in a changing world identity is a grounding root and it is easy to lose sight of what we sometimes simply take for granted. I encourage all Oshwals to become members of OAUk. Make sure your children are members as soon as they turn 16. Participate in community activities and share family history. The recent exhibition at Oshwal Centre was a wonderful insight into a heritage and journey from the most humble beginnings to what we see today.

In the coming months we approach the end of the current term for the Executive Committee and similarly all the Area Committees. Elections will be held in March/April 2016. Now is the time to start thinking about taking a role, getting involved and

President's Message

bringing new thoughts and ideas to the table. Be it at local Area level or at the EC, your contribution can help shape the future of our community.

Personally, I would describe serving the community as the single most rewarding experience I have had in my lifetime. Meeting so many Oshwals, listening to views and learning so much about the community cannot be measured or put into words. All I can say is that it is something very dear to me. Along the way I have built some very special relationships with people I would otherwise have not ever known.

I hope that the months to the end of this year are good for you and your families. With Diwali around

the corner, On behalf of my fellow Office Bearers, the Executive Committee, the Area Committees, the Board of Advisors and all the OAUk Staff I take this opportunity to wish you a Happy Diwali and a very peaceful, healthy and prosperous new year.

Jai Oshwal.

With very best wishes



Raaxeet Harakhchand Shah
Hon President
Oshwal Association of the UK
E: president@oshwal.org





OAUk PRESENTS..

A NEW YEAR CELEBRATION OF DIFFERENT CULTURES OF THE WORLD

**An Event Exploring Global Cultures and Traditions with Displays,
Performances and Demonstrations**

**Chopda
Pujan**
11th November

OSHWAL CENTRE

Sunday 15th NOVEMBER 2015

11am to 4pm

Refreshment Food Stalls – delicious food for sale.



AFRICA



NORTH EAST AREA



BRITAIN



WEST AREA



CHINA



LUTON AREA



JAPAN



SOUTH AREA



ITALY



**NORTH WEST
AREA**



INDIA

NORTHAMPTON AREA



MEXICO



EAST AREA

THAILAND



NORTH AREA

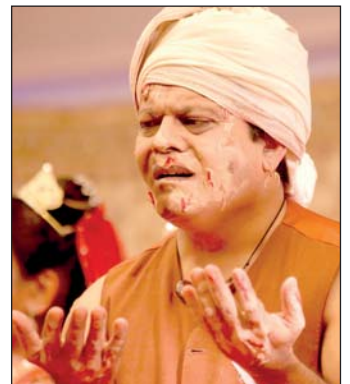


For more information contact Mradulaben Babulal Shah (020 8441 4387)

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10th Anniversary Celebrations of the Oshwal Derasar





10th Anniversary Celebrations of the Oshwal Derasar





10th Anniversary Celebrations of the Oshwal Derasar





શંકલન સુશીલાબેન લક્ષ્મણભાઈ

ધર્મપ્રેમી ભાઈઓ અને બહેનો, આપ સર્વેને સદર પ્રણામ. કહેવત છે કે પર્વના દહાડા સાંકડા રે ભાઈ મતલબ કે પર્વ પર્યુષણ આવ્યાને જોત જોતામાં પૂર્ણ થયા.

- ૧૯ ઓક્ટોબર થી આયંબીલ શરૂ થશે.
- ૧૧ નવેમ્બરના દિવસે દિવાળી આવશે. ચોપડા પૂજન થશે. ભગવાન પાસે આંગી ભક્તિ વગેરે થશે. નવું વર્ષ ઉમંગથી ઉજવશું.
- ૧૫ નવેમ્બર રવિવાર ના દિવાળી નિમિત્તે પ્રોગ્રામ યોજાશે, બધા જરૂર પધારશો.
- ૨૬ નવેમ્બર ગુરુવારના કાર્તિકી પુનમ આવશે. પદ્મના દર્શન, પાંચ ચૈત્યવંદન તેમજ આરતી મંગળ દીવો થશે. સાર્ધમિક ભક્તિ નો લાભ આ વખતે કેન્ટન પાઠશાળાના ભાવિકો તરફ થી રાખવામા આવેલ છે.



Sushilaben Laxman Shah - EC Trustee Religion

જીનાલયને દસ વર્ષ થયા તે નિમિત્તે કાર્ય વાહકો એ પાંચ દિવસ નો કાર્યક્રમ રાખેલ, અને ખુબજ સરસ રીતે એક બીજાના સાથ અને સહકારથી પૂર્ણ થયેલ. ખરેખર જીવનમાં આવા દીવાસો આવે તે યાદગાર બની જાય છે.

ગયા અંકમાં રહેલ અધૂરું આર્ટીકલ જે મહાવીરે યોજેલ શાસન સ્થાપના દિન તે માહિતી વાંચીએ.

શાસન સ્થાપના દિન વૈશાખ સુદ ૧૧.

પ્રતિહાર્ય :- પરમાત્મા જ્યારે દેશના આપે છે ત્યારે ભગવાનના શરીરથી બાર ગણું ઊંચું ઘટાદાર અશોક વૃક્ષ રચાઈ જાય છે., તે જાણે પરમાત્મા ના સાનિધ્યમાં આવનાર પર્ષદાનો બાહ્ય રીતે છાયો અને ઠંડક આપે છે. અને અભ્યંતરથી શોકને દૂર કરીને આંતરિક શાંતિ આપે છે. આ વૃક્ષની રચના દેવો કરે છે .

પરમાત્મા સમવસરણ માં પધારે તે પહેલાજ, એ સમવસરણની ચારે બાજુ દેવતાઓ પુષ્પ વૃષ્ટિ કરે છે. તેમાં બહારથી ત્યાં આવનારને શાંતિની સાથે પ્રસન્નતાની પુષ્ટિ કરનાર સુગંધ મળેછે. જ્યારે અભ્યંતર રીતે પ્રભુના શીલની સદાચારની સુગંધ પ્રતિક રૂપે પુષ્પ વૃષ્ટિ થાય છે. પરમાત્માનો પ્રભાવજ કોઈ અનેરો છે. કડુણા સાગર પરમાત્મા જ્યારે સર્વ જીવો સમજી શકે તેથી સરળ ભાષા માં અને માલકોશ રાગમાં દેશના આપે છે, ત્યારે દેવોનેએ સાંભળતા અનેરો આનંદ થાય છે. પોતે પણ તે રાગની અંદર દિવ્ય ધ્વનિના મધુર સૂર પૂરે છે. તેને લઈને આખું વાતાવરણજ અનેરું બની જાય છે. પરમાત્મા પધાર્યા તેની વધામણી કરવાની જરૂર પડતી નથી. બસ દેશના આપવાની શરૂઆત કરે ત્યા જ દેવો દ્રન્દુભીનો નાદ કરીને બધાને જાણ કરે છે. આ રીતે પ્રતિહાર્યો દ્વારા જે વ્યવસ્થા અને રોમાંચિક દેખાવ થાય છે. તે આનંદ દાયક છે.

હવે તેજ ગામમાં એક સોમિલ નામના બ્રામણે યજ્ઞ કર્યો છે. ગૌતમ આદિ ૧૧ ગણધરો તેમના શિષ્યો સાથે ત્યાં આવેલ છે તેઓ મહાવીરની સભામાં ઉત્સુકતાથી આવે છે, પણ ત્યાં નો ઠાઠ વૈભવ અને પ્રભુની મીઠી વાણી સાંભળી મુગ્ધ બની જાય છે. ૧૧ ગણધરના મનમાં એક એક પ્રશ્ન છે. તે પ્રભુ પોતાના જ્ઞાનથી જાણી ને તેમના મનનું સમાધાન કરે છે.

સમ્યગ જ્ઞાન દર્શન અને ચારિત્ર ની ઉત્કૃષ્ટ આરાધના દ્વારા કેવળજ્ઞાની બનેલા પ્રભુ મહાવીરે ૧૧ ગણધરોના આત્મ દીવડાઓને ઝ્રજ્વલિત કરી તીરથની સ્થાપના કરી, ભવ્ય જીવો ઉપર સર્વોત્તમ ઉપકાર કર્યો. ભગવંત પાસેથી ત્રિપદી પામી ગણધરોએ શાસ્ત્ર રચના કરી.

લાંબા કાળ સુધી અવિર્ધન પણ ચાલ્યા કરે એવા મોક્ષનો કલ્યાણકારી રાજ માર્ગ રજૂ કર્યો, ચીંધ્યો, ચૌદપુર્વ ધરો, પરમ ગીતાર્થ -મહાજ્ઞાનીઓ તથા પૂજ્યશ્રી વિજયજિ મહારાજા જેવા અનેક જ્ઞાની સદગુરુ ઓ આ પંથે વિચરતા રહી મોક્ષ માર્ગને વહેતો રાખ્યો છે.

સાથે સાથે આગમ જ્ઞાનની જ્યોતને અખંડ રાખવા આજસુધી કેટલીયે મહાન વિભૂતિઓએ પોતાનું જીવનજ જાણે શાસનને સમર્પણ કર્યું છે. પ્રભુ મહાવીરે તેમની પાટ સુધર્માસ્વામીને સોંપી હતી. પછી

જંબુસ્વામી, પ્રભવસ્વામી, શયંભવસૂરી, યશોભદ્રસૂરી, સંભૂતિવિજયજી, ભદ્રબાહુ સ્વામી, સ્થૂલીભદ્ર મુનિ, આર્યમહાગિરી, આર્યસૂક્તગીરી વગેરે પ્રસિદ્ધ આચાર્યો મુખ્યત્વે પટશ્વર, આ પાટ પરંપરા અત્યાર સુધી ઘણાય આચાર્ય ભગવંતો થઈ ગયા અને આ મહા કલ્યાણકારી માર્ગે વિચરતા રહી ભવ્ય જીવોને પ્રેરણા પણ આપતા ગયા છે.

જીવન પંથ દર્શન

સૃષ્ટિ સાગર ના કિનારે આ માનવ બાળને પ્રભુએ રમતા મૂક્યા છે. જીવનની અંતિમ પળ સુધી માનવ બાળ એ રમતમાં તલ્લીન રહે છે, છતાં જીવન મૂલ્યોની એની તલાશ છે, ધ્યેય છે, લક્ષ્ય છે તેતો જડતુ જ નથી. હા કોઈક વિરલ આત્માઓ જ આ સોધમાં સફળ થાય છે અને જીવન જીવવાનું સાચું રહસ્ય તેઓને લાધે છે. બાકીના અસંખ્ય માનવ જીવો પામર જંતુ જેવું જીવન ગુજારીને આ સૃષ્ટિપરથી વિદાય લે છે.

જીવનના ક્યાં મૂલ્યોની ખોજમાં આપણે નીકળ્યા છીએ તેજ આપણે ભૂલી ગયા છીએ, “હીરા જેસા અમૂલ્ય ભવ કવડી બદલે જાય. ”માનવ જીવનની નશ્વરતા નો જો આપણે સહેજ પણ ખ્યાલ કરીશું તો જરૂર મનમાં અનેક પ્રકારની ગડમથલો જાગે છે અને અહેસાસ થાય છે કે, મોહકાળ ના ઉઝરડાએ આપણા જીવનમાં કેટકેટલી તીરડો પાડી દીધી છે.

આજનો વીજ્ઞાનવાદ કહીએ કે ભૌતીકવાદે અહમ અને તૃષ્ણા રૂપી વિષ, હૈયાને ખુબજ નફરતવાળું બનાવી દીધું અને હૈયાના પ્રત્યેક સ્પંદને રાગ અને ધ્વેષના દ્રવ્યો ફેલાયા છે. આપણી પાસે મનની મોકળાશ કે હૃદય ની વિશાળતા આજે નથી રહી કે નથી રહ્યું ખાનદાનીનું ખમીર કે અંતરની અમીરાત.

જીવનમાં કોઈ નિર્ધારિત લક્ષ્યબિંદુ નથી. જીવનમાં શાંતિ નથી, યંત્રયુગના જમાનામાં માણસ પોતેજ એક યંત્ર બની ગયો છે. જીવનની જરૂરિયાત એટલી વધારી દીધી છે, ઝંઝટ એટલી ઊભી કરી છે કે સવારથી સાંજ સુધી ખોટી દોડધામ અને જરૂરી તેમજ બિન જરૂરી એવી સારીએ દુનિયાની વાતો મગજમાં ભરીને નાના એવા મગજરૂપી ટેપરેકોર્ડર ને પણ તેમજ કરી નાખ્યું છે જેને લઈને માનવી આખો વખત ખોવાયેલો જ રહે છે. અશાંતિમય વાતાવરણમાં મનની શાંતિ ગુમાવી બેઠો , પરિણામએ આવ્યું કે ભોગવવા જે ભેગું કર્યું તે પોતે ભોગવી નથી શકતો. આ રીતે જીવનનું સાચું લક્ષ્ય ચૂકી ગયા અને જીવન પંથ કંટાળો બની ગયો છે.

જીવન જીવવાના ચાર પાયા હતા, ધર્મ, અર્થ, કામ અને મોક્ષ. આજે નીતિતણુ બળતણુ ખૂટી ગયું છે. ધર્મ, દયા, કડુણા, મૈત્રી, પ્રેમ અને સમસ્ત જીવો પ્રત્યે સમભાવની લાગણી ભુસાઈ ગઈ, વાદ વિવાદ અને સંવાદમાંથી નીકળી દિવસ રાત્રીના ૨૪ કલાકમાંથી માત્ર અડધો કલાક ધમપછાડા છોડીને શાંતિથી બેસીને પરિસંવાદમાં આવીએ, પોતે પોતાને પૂછવાનું છે ? શાંતિથી બેસીને ધર્મમાં શ્રદ્ધા જગાવી પ્રભુ સાથે તાર જોડાવાની કોશિષ કરીએ.આખા દિવસ દરમ્યાન કંઈ સત્કર્મ કર્યું છે કે નહીં? કંઈ ના કર્યું હોયતો આજનો દિવસ નકામો ગયો, સમજી પશ્ચાતાપ કરીએ. ઈશ્વર ને યાદ કરી જગનિયંતા પાસે માંગીએ કે હેપ્રભુ તારામાં રહેલા ગુણોમાંથી એકાદ બિંદુ મને પણ આપજે, જેથી સત્ કાર્યો કરવાનું મને બળ મળે. યાદ રાખીએ કે ગયેલો સમય પાછો નહીં આવે.

ૐ શાંતિ શાંતિ શાંતિ

Modern Jainism



OAUK would like to give special thanks to:

Pravinbhai K Shah, Chairman of the JAINA Education Committee for religion, he is based in North Carolina, USA.

He was our special guest during our 10th anniversary celebrations and Paryushan. He gave very interesting talks on Modern Jainism. Please have a look at the following websites for information on their E Library – the website is completely non-commercial and gives totally free access to everyone.

It is completely financed through contribution. You will find very useful information at all academic levels.

Email: education@jaina.org

Telephone: (919) 859 4994



www.jainelibrary.org/ – www.jaina.org/ – www.jainism.org/



Diwali is synonymous with “*Laxmi Pujan*”, since, she brings peace and prosperity to all. On this day we perform puja of Account books and start writing new accounts. This is known as “*Chopda Pujan*” or “*Sharda Pujan*” or “*Muharat Pujan*”. Chopda pujan is a day for everyone not only to reconcile one’s financial books but also the spiritual books. People should pray to forgive us for all the mistakes this past year and to give the wisdom and strength to not make them the next year.

OAUK are holding the Chopda Pujan on:

Wednesday 11th November

at LV HALL Oshwal Centre Coppers Lane Road Northaw Herts EN6 4DG

Registration at 6.30pm and Chopda Pujan will start 8.30pm to be performed in English and Gujarati. After the pujan Aarti and Divo will be performed both in the LV Hall and also in the Deraser. To perform the pujan all necessary items (except £1 coin) will be provided on the day and a Nakro of £ 15.00 per person is required to perform the pujan.

Dinner will be served before the Chopda Pujan from 6.45 pm to 8.00pm.

Please confirm the number of persons attending for:

Dinner Chopda Pujan & Observers

This will help us to arrange the catering.

In order to register for Chopda Pujan, please complete the details below by 5th November and send the completed details to OAUK office as per address below.

Seats will be allocated on arrival on first come first basis.

Full Name of Participant:

Business Name or Profession:

Full Names of Observer (*if applicable*):

Address:

.....

.....

.....Post Code:.....

Email:.....Telephone:Fax:

Please send to: Oshwal Centre, Coopers Lane Road, Northaw, Hertfordshire, EN6 4DG

East Area

UPCOMING EVENTS- COME ALONG & SUPPORT OUR AREA

THURSDAY CLUB

At our East Area Thursday Club, regular activities such as Satsangs, Exercise Classes, Talks, etc. take place. Light Refreshments are served and sometimes a full meal. The club is a chance to get together, share news and have a fun social afternoon with local members.

Date/Time- The Club runs on every 2nd - Last Thursday of the month from 1pm-3pm at St Albans Church Hall, Albert Road, Ilford, IG1 1HW. **Entry- £1.50-** All ages are welcome

Contact- Lalitaben Amratlal Shah on 02082208827

PROGRAMME	EVENT INFORMATION
<p>Halloween Party: An evening to get together, learn a new craft, have a little dance and enjoy a freshly cooked meal.</p> <p>Don't Forget to Come dressed in Fancy Dress! For more Info & Catering Purposes - Please Contact Hemini R Shah.</p>	<p>Date- Saturday 31st October 2015 Time- 7pm-10pm Venue- St Albans Church Hall, Albert Road, Ilford, Essex, IG1 1HN Entry- £3 to all members Contact- Hemini R Shah- 07957308702 hemini_shah@hotmail.com</p>
<p>Diwali in East Area: Start your Diwali Celebrations with us in a social evening of Dinner and Entertainment. Please bring your Diwali Decorations to Display on the day (Rangolis, Divas, Cards, Mithai Display etc) If you would like to be involved in the variety show please Contact Hemini.</p>	<p>Date- Friday 13th November 2015 Time- 7pm-10pm Venue- Canon Palmer School, Aldborough Road South, Seven Kings, IG3 8EU Contact- Hemini R Shah- 07957308702</p>
<p>Mahatma Gandhi Celebrations with Meal : An evening to celebrate India's Independence and Mahatma Gandhi's Life. The evening will begin with a meal and will be followed by a presentation, a dance item and Tea.</p>	<p>Date- Saturday 30th January 2016 Time- 7pm-10pm Entry- £3 to all members Venue- St Albans Church Hall, Albert Road, Ilford, Essex, IG1 1HN Contact- Rasikbhai V- 02089240124</p>
<p>Valentines themed evening with Meal: An evening for everyone (not just couples) with games, music & a freshly cooked meal. More Information to follow</p>	<p>Date- Saturday 27th February 2016 Time- 7pm-10pm Entry- £3 to all Members Venue- St Albans Church Hall, Albert Road, Ilford, Essex, IG1 1HN Contact- Rasikbhai V- 02089240124</p>
<p>East Area AGM Light meal will be served prior to the Meeting. This is your chance to have your say/give your ideas and support our area!</p>	<p>Date- Saturday 26th March 2016 Time- 7pm-10pm Venue- St Albans Church Hall, Albert Road, Ilford, Essex, IG1 1HN</p>

If you have any articles, news, experiences you would like to share for future publications of Oshwal News or our local Eshots. Please get in touch with
eastareaoshsal@hotmail.com

Paryushan 2015

Paryushan was celebrated well in East Area and all those who participated in the celebrations enjoyed the daily Stavans, Aarti & Mangal Divo along with various other prayers, religious ceremonies and not forgetting the chance to socialise with local members. A thank you to our guest speaker Pravinbhai Shah from USA who came and gave a talk on Kshampana. Below are some photos from the festival. For more photos please join us on Facebook at 'OAUK East Area'.

The East Area Committee would like to thank all volunteers, donations and members involved throughout the 8 days, your support & dedication is greatly appreciated. We hope you all had a peaceful, reflective & enjoyable Paryushan.

Michammi Dukaddam



East Area brings Mexico to Oshwal Centre

This Year as part of our Diwali Celebrations at Oshwal Centre, there will be a walking exhibition displaying New Year's celebrations of cultures around the world.

East Area will be representing the Mexican Culture!

We would like your Input!

If you have any ideas/suggestions and want to get involved please contact
Hemini R Shah- hemini_shah@hotmail.com / 07957308702

East Area trip to Kali Mata Temple in Wales - By Taraben Kishore Haria

For the weekend of the June 26th to 28th, the East area organised a trip to see the Kali Mata temple. We all met up at 6.30 in the morning of Friday 26th June, near Ilford station. People were half asleep and moaning about having to wake up early, but excited to be going to see the temple. The coach arrived at 6.45am, everyone boarded the coach. It then went to pick up other passengers from Southgate and Kenton Library, before hitting the motorway heading for Wales. On the motorway everyone was preparing to doze off, but kept awake with tasty high class dates prabhavna. Throughout the journey, people were passing around different types of snacks, singing stavans, playing antakshri, and chatting. A quiz was organized by Sureshbhai (Suru Guru) that kept us entertained for half an hour. When we reached Wales, first we first went to Sanatan mandir in Cardiff and had a delicious lunch which was finger licking good. Then we went to our hotel to freshen up and took part in the aarti at Kali Mata mandir. We were amazed to see the English priests singing aarti with clear pronunciations. Everyone was able to do darshan and were blessed with holy water and bhabhuti. From there, we went back to Sanatan mandir for dinner. It was late, but the volunteers whole-heartedly served us with hot khichadi, kadhi, etc and tea. Everyone was tired when we all went to hotel to rest for the early start the next day.

On 27th June, we started off at 7am to see the morning pooja at Kali Mata mandir. The volunteers at the mandir provided a good service for the people who had difficulty walking. You could just stand there for ages and listen to the hard shloks recited by the priests. It was so peaceful - no photos were allowed, and mobile phones had to be switched off. At 11am, delicious Prasad was served with tea. Afterwards, as it was lovely day, we all went to Barry Island beach. We enjoyed ice creams, walking in the water and sitting on the beach. Then we went sightseeing and saw some famous places. We went back to the hotel to relax and freshen up for the Gujarati dinner in the evening. The food was tasty and we were served at our tables. We all headed back to the hotel and were relaxing in the lounge, playing cards and chatting. The weather on Sunday 28th June was not good - it was raining! In the morning, we went to an indoor market. Most people bought different types of nuts.

From there we went to Sanatan mandir to take part in the aarti. A raffle was drawn, with someone in our group winning it. OAUK donated some money to the mandir. As it was ekadashi, for lunch, we had chips, samo, and keri no raas - all mouth-watering food. They packed some food for us to take away for the journey home. As the rain had stopped we went on a boat trip. The sights were very beautiful - our guide explained the history behind some of the buildings. Eventually, we left Wales at about 4pm, all enjoyed so much and had happy faces and on the way back snacks were served, Bhanuben sang some old Hindi songs, and some people played music on their mobiles phones. In the evening, on the way back, we stopped at a service station to have our last dinner altogether, before heading back to our drop off point. This was a trip to remember. We all made new friends, exchanged numbers, and had a lot of fun!



Leicester Area

Paryushan 2015

Thursday 10 September to Friday 18 September

As always, the whole Leicester Oshwal community got together to observe the holy days of Paryushan. Turnout was consistently good and peaked at just under 200 on the last Thursday when everyone came to say 'Michami Dukhrum' to everybody else.

Pravinbhai Shah, a visiting Jain scholar attended on Saturday 12th September and gave a very inspiring and thought-provoking talk on Jainism, how to practice it in our Modern World and yet maintain the founding principles of Jainism. He also touched briefly on Karma, the future of Jainism and then

talked about how Jainism was made appealing to the youth in North America.

13 delegates from the EC attended on that evening and this was much appreciated by the Leicester Area members. Parnas were held on the second Friday morning and just under 100 people attended.

Two minibuses with 28 members travelled to Oshwal Centre on Sunday 20th September to join the three areas that were hosting the Savantsari bhojan.





Health Social and Welfare Portfolio Report

Weekend Retreat at Lockerbrook Hostel

The planning for a couple of nights away from Leicester for the Oshwal members to spend quality time together at a suitable outdoor venue started months in advance. A simple and well planned out idea with the approval from the committee finally came to fruition with the perfect weather conditions on the weekend of 3rd to 5th July.

Though we expected more, we eventually had a great group of 11 youth and 12 adults on the trip. After work on the Friday evening, a minibus and 2 cars set off for the picturesque Derbyshire Dales arriving at the youth hostel just before 8pm.

Upon arrival, some transferred the luggage into the dormitories, whilst others set up a couple of tents and the rest organising the evening meal. We had homemade paubhaji and odhwo which went down well after the drive up. A 'Welcome Meeting' was held in the communal hall which was followed by games and socialising, livening up the atmosphere as members got to know each other. The masala chai and cake were a treat as was the pop-corn!



That afternoon, whilst some relaxed in the sunshine others played cricket and football in the fields. Typical of any event, the ladies truly had a 'field day' with the chatter! The youngsters organised a table tennis tournament.



In the evening, with the weather still holding up, it was time for the BBQ. Everyone sat outside and had marinated paneer kebabs, baked potatoes, tomatoes, sweet potatoes, sweetcorn, mogo and salad! The youth entertained us with a well presented, comical 'Mr & Mrs' game which certainly raised a few eyebrows! This was followed by socialising, playing cards and just joking around over teas and coffees.

On Sunday, before tidying up the hostel, we had a full cooked breakfast. All the groups took on their respective responsibilities very well and completed all the tasks easily. Whilst some prepared for the journey back others went for the Night Line activity in the woods. There certainly were a number of creepy crawlies in the woods that morning!



Both the mornings, started off with prayers, meditation and a briefing about the activities for the day ahead. The early birds even got a session of yoga before the briefing! On Saturday after breakfast, we set off for a woodland walk to Ladybower Reservoir. Though the initial route was not viable we soon found our bearings and ended up at the Reservoir for a wonderful picnic lunch.





After a short street dance and art workshop lead by the youth, we left the hostel at around 2pm to make our journey back to Leicester. Though it rained most of the way back, it cleared up for a picnic at Carsington Water Reservoir as a late afternoon lunchbreak.

The trip was evaluated by all sharing their views openly. For some, it was their 1st time ever in a tent under the stars. For others, the dormitories was the place to have some group fun before dozing off or hearty giggles for the ladies in the group! Some made new friends, others caught up with existing friendships and one even went away securing

summer work placement! While a few would have preferred slightly strenuous activities others felt it was a good mix for all.

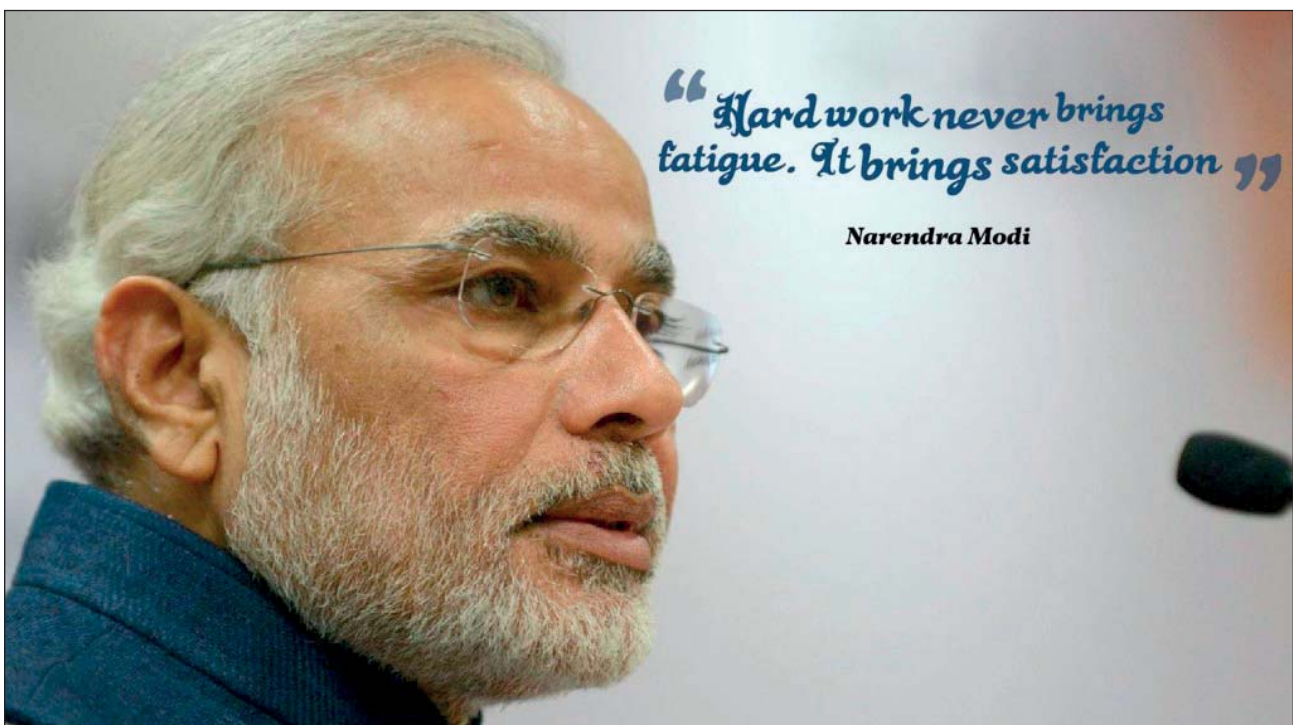
All in all, everyone felt that there was a sense of unity amongst all as errands were shared out. There were requests for similar trips in the future to be organised but perhaps, the highlight was a youngster's comment, *"This trip proved that being an Oshwal can be fun!"*

If you would like to organise a similar trip for your area, contact Rashmika Shah on 07760725929 for information about the hostel.



OAUK Welcomes Shri Narendra Modi

Shri Narendra Modi, the Prime Minister of India, will be visiting the UK on the 13th November. For full details of the grand communittee reception please visit the website www.UKWelcomesModi.org



Luton Area

Message from Rajesh Jethalal, Chair, Luton Area

Jai Jinendra

Paryushanparva at Luton was an enjoyable and reflective celebration. This is the feedback from many who took part. A full delegation of Trustees from the EC joined us on Sunday and we listened to and engaged in robust discussions with Pravinbhai from Jaina Education, USA. Our congregation was given an explanation of Jainism, spirituality and how to enhance the quality of our lives. Satsangs have always been popular at Luton Paryushan and this year we had many new participants, particularly men, leading the recitals. A special



mention and welcome to Nitinbhai, Jaishreeben, Paras and Binti who travelled regularly from Harpenden to join us. Thank you to our Religious portfolio holder, Ella and her team, in ensuring that this event was a success. I am sure many of you attended and enjoyed our celebration for the 10th Anniversary of the Derasar held over 4 days at Oshwal Centre. The success of this event is a testament to the skills, dedication and huge amount of personal time of many volunteers. You may also recall how a relatively small team of volunteers regularly organised Jinendra Bhakti Mohtsav in Luton, inviting hundreds of participants from all areas. Our community is blessed with people who are skilled in organising and managing. Above all, it is the spirit to volunteer and to participate that is the underlying foundation of our community. I would like to use this opportunity to thank our community of volunteers in Luton, who make it possible to hold our events.

Time is priceless, and giving personal time to serve our community is your precious gift to society. There are many ways of volunteering that would suit your skills, experience and interest. Many people assist local community groups and represent on school, college, hospital boards or charities. There are also many

informal ways of volunteering and many do this on a regular basis. You can also serve as an Oshwal Area committee member or a Trustee. I do believe that there are many who have accepted positions on committees but regrettably are only intent to be disruptive and have nothing of value to contribute. I cannot understand the reasoning for this. Volunteering is not about increasing

personal profiles and for boosting egos. It is about your commitment, ideas and actions that make positive differences to our communities. It comes from the heart and this approach makes volunteering very rewarding. It

broadens horizons, enhances understanding and makes new and lasting friendships. You do not necessarily require any formal skills, just your commitment, integrity and reliability. I urge all of you to consider devoting some of your time towards good causes.

Tapasavis for Paryushan 2015:

Ushaben Rameshbhai Jain- Atthai; Ranjanben Kantibhai Sumaria- Atthumne Parne Atthum; Nitaben Pankaj- 2 Atthum; Santaben Zaverchand- Chhut Atthum; Ramaben Vadia- 2 Upvas, then 4 Upvas; Ellaben Rajesh- 8 akashna

Michhami Dukadum.



Luton Area Regular Activities

Luncheon Club:

Yoga, computer classes, other activities, lunch.

Forthcoming Event Dates and Time:

11am-2.30pm. Next events on 23/10, 20/11, 18/12

Venue: Lewsey Learnig Centre, Tomlinson Avenue, Luton

Contact Ella on 01582 402080 or Bijal on 01582 572979

Friday Club:

Venue: Warden Community Centre, Wycombe Way, Luton, LU3 2BW

Time: 8pm-10pm

Forthcoming Event Dates and Time:

Friday Club: 16/10, 20/11, 18/12

Games Night: 30/10, 27/11

Contact Nina on 01582 581418 or Keval on 01582 655365

Daal Rotli:

Dinner, social gathering, fun and games.

Venue: Lewsey Learnig Centre, Tomlinson Avenue, Luton

Forthcoming Event Dates and Time: to be announced

Diwali Gathering: we will be holding a Diwali gathering at Lewsey Learning Centre from 6.30pm on Sunday 22nd November 2015. Please contact any committee member for further details.



OSHWAL Centre Halls Re-Opening Ceremony

Oshwal Association of the UK would like to kindly thank all of the families, individuals and companies who have generously donated towards our recent re-furbishment of the Halls at Oshwal Centre.

OAUk would like to apologise that the following people were missed off from the previous list. We are still going through all the names and omissions will be corrected in the next issue. If you think this affects you then please contact the Editor at sudhirmeghjishah@gmail.com. Jai Oshwal

Ninna & Mukesh Zaverchand Shah

Lilly & Kiran Zaverchand Shah

Nila Ashok & Ashok Gosar Shah
(Sumaria)



Northampton Area

Paryushan Celebrations 10th – 17th September 2015

This year the celebrations are going well. Members have enjoyed the celebrations and a good number of people attended the Bhakti Bhavna for which the music was provided by our own Mahendrabhai, Chiraag and Jyotsnaben. This year the Aarti and Mangaldivo was scheduled to take place in the earlier part of the evening so the older generation could join the Aarti and Mangaldivo as requested. The members also

got pleasure in singing the stavans of their own choice. Garbas were also played harmoniously. We had workshop on Samaykia Upkarana and Aarti and Mangal Divo. A lot of enthusiastic people attended these workshop. I am sure everybody benefitted for them.

An elaborated report will follow in the next issue.

Regular Events



Jain Philosophy Class held every Monday at:

86 Adams Avenue, Northampton, NN14LJ.

Contact Details: Fulvanti Shah - 01604 624128 - fulishah@googlemail.com

Topic: TATTVARTHARTHA SUTRA



Fun Club held every 3rd Saturday of the month at Weston Favell Parish Hall, Boothville South, Northampton NN3 3EP

Contact Details: Fulvanti Shah - 01604 624128 - fulishah@googlemail.com



Twin Heart Meditation every 3rd and 4th Thursday of the Month at Weston Favell Parish Hall, Booth Lane South, Northampton NN3 3EP. Time: 7.30pm – 9.00pm.

Free Healing Session is offered. Contact Details: Gita Shah – 07751982975 – gitashah54@hotmail.co.uk



Diwali in Northampton – Diwali Celebrations:

On Sunday 8th November 2015 at Weston Favell Parish Hall, Booth Lane South, Northampton, NN3 3EP

From 6pm - 10pm – Light refreshments and Raas Garba

Contacts to confirm your attendance by 4th November 2015
Ushaben on 01604 469436 or Pravinbhai on 01604 469794



Christmas Party – 19th December 2015

Venue: Weston Favell Parish Hall, Boothville South, Northampton NN3 3EP.

Contact details are Deepak and Kaushika at 01933 226528.

Join us at this Annual Party and celebrate Christmas. An evening full of fun and games. More details will follow locally.

Upcoming Events – *Please note down this date in your diary.*



1st May 2016

Oshwal Association of UK Northamptonshire Area is celebrating the formation of Oshwal Association of UK Northamptonshire Area on 1st May 2016. It is going to be a one life time event. The preparations have begun for this event. A Sub Committee has been formed and now the committee is working very hard to achieve the ultimate GOAL. We need lots of assistance in making this event successful so If any of the members have got any memories, photos, videos which they would like to share with us on this Event, please contact Bhikhubhai at 01933 273986 or any Committee members. If there are any past residents of Northamptonshire who would like impart with their experiences e.g. how and why they settled in Northampton, what was life like then, again please contact any committee member.

We are also looking for talented people, who have different hobbies and are willing to have their work exhibited. Please come forward and contact us.

This event is going to take place at Highfield Community Centre, Highfield Road, Wellingborough, Northants, NN8 1PL.



Celebrations during Paryushan in Wellingborough with EC Trustees.





OSHWAL ASSOCIATION OF UK NORTHAMPTONSHIRE



Deepavali Get—Together

On
Sunday—8 November 2015
At
Weston Favell Parish Hall
Booth Lane South
Northampton
NN3 3EP



From 6pm—10pm

Light refreshments
and
Raas Garba

**Contacts to confirm your attendance by
4th November 2015**

Ushaben on 01604 469436
Pravinbhai on 01604 469794

COMMITTEE RESERVES THE RIGHT TO CANCEL OR
MAKE ANY AMENDMENTS TO THE EVENT

ALL FUNDS ARE RAISED FOR OAUk
CHARITY REG NO 267087

Oshwal Association of the UK Northamptonshire Area

presents

Open Bhukhar Competition Open to all areas

At Unity Hall, Oshwal centre, Coopers Lane Road
Northaw, Hertfordshire EN6 4DG

Sunday 29th November 2015

09:00 am – 4:45 pm

(Please arrive before 9:00 am to register)

Entry fees: Members £10; Non-members £13

Teams of 3 people required

Includes Breakfast (9:00-9:35am)

And

Lunch (13:55-14:45pm)

Tea, Coffee, water and light refreshments will be available during the day
A set of rules in English and Gujarati will be available from the OAUk Website

For competition entries and further details please contact:

Usha Ashok Haria: ushashah60@hotmail.com

01604 469436



BOOKING FORM – Open Bhukhar Event

Please reply by 23th November 2015 to: Usha Ashok Haria, 3 Cottagewell Court, Standens Barn, Northampton, NN3 9UA Tel. 01604 469436

Team Name.....Telephone No.....

Team Contact Address.....Email:.....

Team member 1.....Team member 2.....Team member 3.....

OAUk Membership No 1.....OAUk Membership No 2.....OAUk Membership No 3.....

I have enclosed a cheque for the sum of £30.00/ £39.00 (Cheques payable to Oshwal Association Northamptonshire). Please note that bookings will be taken on a first come first served basis and must be accompanied by a cheque. This flyer and application form and rules can be downloaded from www.oshwal.org

Organisers reserve the right of admission and the right to amend date and venue and timings

North Area

North Area Chairpersons message

Jai Jinendra and Pranam

Since the last edition of the Oshwal News, it has been a very hectic summer. Not only with the wedding season, but also preparing for the 10th Anniversary Celebrations of the Derasar. My congratulations go to all the newlyweds.

I for one, certainly enjoyed the various events organized for the 10th Anniversary Celebrations. I hope you all had a chance to take part in some or all activities, and enjoy the spectacular events. Paryushan followed immediately after this with a week full of activities and joyous celebrations. Despite the initial setback on the first day, due to double booking of the hall, North Area's members' spirits were not dampened and everyone enjoyed the eight festive days. This year, thanks to Shailan and Sahil, we had many activities organized for the youth and I was personally touched to see so many youth members taking part. I am sure, they would have gained some insight into Jainism, learning through play in a fun way. The youth also joined with the mainstream activities. The two days of Garba and Raas to the melodious music of Sagaar and friends went extremely well and everyone had a great time.

I take this opportunity to seek forgiveness on behalf of my Committee if we have offended anyone in anyway – MICCHAMI DUKADDAM.

This message will reach you in time of your preparation of Diwali – a time for reflection and enjoyment with your friends and families. Wishing everyone a very Happy Diwali and a healthy, wealthy and prosperous New Year.

Daksha Maroo – Chair Person

Sakhi Milap

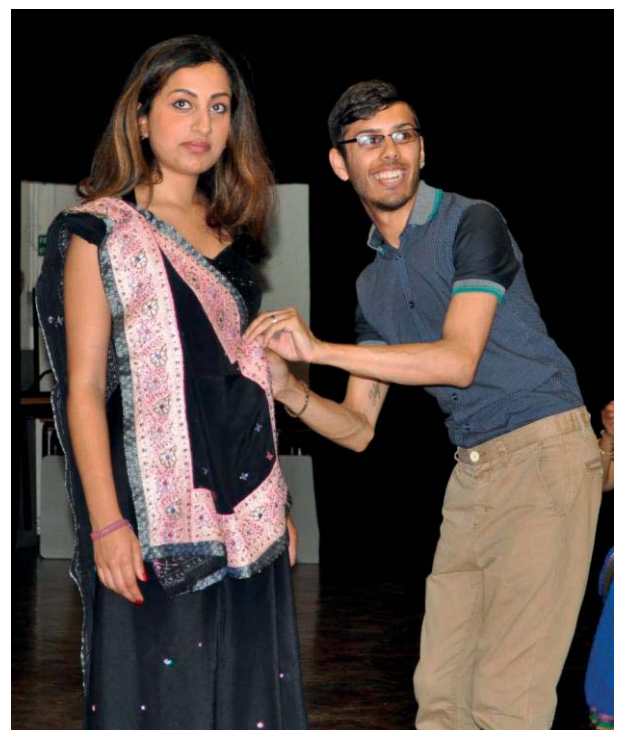
Saree Draping Demonstration

Earlier this summer, North Area Sakhi Milap were delighted to welcome Rahul Malde, a 22 year old saree draping expert, and his sister Payal, to show our ladies how to elevate their saree style to something straight out of Bollywood.

With a great turnout, Rahul patiently demonstrated easy techniques and tricks from the double patta style to wrapping the cherdo to a bangle. The Sakhi's were really impressed by his natural flare for saree draping. Youngsters who are not quite experts at wearing sarees, found the demonstration particularly useful. Rahul demonstrated different styles depending on the kind of saree worn.

Starting from a young age, Rahul has always had an interest in all things to do with sarees, when he watched his mum and sister wrap themselves into Indian geishas. Since then, he has developed and honed his draping skills. Rahul has become so successful that he, along with his sister has set up their own

wedding saree draping business, together with styling hair and makeup, a highly commendable feat. Check out their website: www.payalmalde.co.uk



North Area Youth Club

Summer 2015 Trip to Hastings



What a fantastic summer! This July, North Area's youth club took off to Hastings for a long 4 day weekend by the sea, with children bringing their families along for the fun too. The trip was a wonderful opportunity for families to get to know each other better outside of the sports hall, and people were able to make some unlikely new friends – from the little ones to the oldies.



A significant effort from Nishma went in to organising entertaining activities and meals for everyone on the trip, such as the aqua balls and archery. Rifle shooting was very popular, and some of us are still a bit stunned at how skilful the mums were at shooting on target! The outdoor laser tag, which was especially exhilarating in an outdoor jungle environment, was a step up for some of the skilled players who enjoy the North Area Quasar nights. We were split into red and

blue teams, and after many rounds of searching for the cash and hunting down opponents, the blue team won the final game. After a long, fun day the Turkish feast was perfect for dining, chatting with friends and relaxing. Rifle shooting was also popular, and some of us are still a bit stunned at how skilful the mums were at shooting on target!



You can't deny that one of the best aspects of the trip was that we just got to chill! Joking about in the caravan, playing football with other visitors to the park, and penny boarding around on the paths was fun for the kids, while the adults got up to even more antics at night with poker games and some (questionable) karaoke singing. Of course, we couldn't go all the way to Hastings and not go to the local beach! One day a group went off for a seaside adventure and explored the pier.



One of the definite highlights of the trip was the 'North Area Pool Party' on the last night. It was a night filled with splashes, screaming and laughter. While it is great to watch the younger children succeeding in climbing over the inflatable assault course in the pool, the hilarious moments began when the parents

decided to have a go – some only lasted two steps before splashing everyone, including the lifeguard! Maybe it's time for some of the parents to sign up for youth club...!

Overall a massive thank you goes to Shailan, Nilesh, Sonal, Nishma and the committee for overseeing the overall organisation of the trip, as well as to all the other adults who helped make the holiday a fun experience for the children to have with their friends. Till next year!



Paryushan 2015.....with a Twist!

Paryushan may be a distant memory for some, but for many of us, the spiritually revitalising week has left special memories and soulful experiences and the request for more activities of this type!



Friday (day 2) saw a special youth event with a **Quiz night** hosted by Paaras and Bhavi Dodhia with competing teams facing tough questions from Jainism to sports. This was followed by a presentation from the Jain Vegan working group on their campaign to encourage jains to give up dairy for Paryushan which was very well received and generated a lot of interest. Saturday saw a swell of people come in for the **Jain Snakes and Ladders and Pass the Jain Parcel!** More and more people joined the event and with standing room only at times it got quite hot! With a giant game board and several children acting as giant board counters(!), the game included taxing questions on a range of topics. In addition the audience learned about Shatrunjay and the reason and history behind Aarti and Mangal Deevo.



On both of these nights the crowd then proceeded to the main hall to take part in the Aarti and Mangal Deevo.

The climax on Friday and Saturday was the **Raas Garba and Daandia**, with sensational singing and sounds from Saagar Malde and friends. Young and old thronged the hall and the atmosphere was amazing. On Saturday night the audience did not want to go home and someone had to turn off the lights to usher us out!

Sunday saw a **Workshop on Radical forgiveness**, facilitated by Young Jains. Anuja and Manjari led the audience of over 60 people on a thought provoking journey that made them reflect and question whether they truly forgive someone who has hurt them, and is there actually even anything to forgive?



On Tuesday we were delighted to host Rexbhai and the EC, followed by Pravinbhai Shah who gave a thought provoking speech on Jain education and the challenges he and the rest of the community in the USA faced in providing the diverse jain sangh with information and educational material for their children. How do you make that material engaging, meaningful, accessible and digestible?

Pratikraman throughout Paruyshan was well attended and on the last day was very busy and followed by 108 aarti. The week was a resounding success and allowed us to all recharge our spiritual batteries. Special thanks to Sarojben, Dilipbhai and all their team of amazing volunteers.

Paryushan 2015 Gallery





WE ARE OSHWAL NORTH



NEW - VOLLEYBALL CLUB

Weekly practice and games for men and women aged 14+.

****Join us****

Contact Paaras for details on
07738 755 327
paarasddodhia@gmail.com

Key Contacts

Chairperson

Daksha Maroo
daksha.maroo@gmail.com
07775 514 286

Education

Kuntesh Shah
kshah5@sky.com
07952 708 592

Sakhi Milap

Nilam Shah
shahnilam@hotmail.co.uk
07941 076 115

Youth Club

Sahil Shah
sahil.shah@hotmail.co.uk
07947 984 706

REGULAR EVENTS

★★★★★★★★★★

Social Club

Fridays (Term Time)

Time: 8pm to 10pm

Venue: Woodhouse College

Info: A great social night with Bhukar, Chokadi and other activities. Come along and join in the fun.

Entrance £1.

★★★★★★★★★★

Bolly Aerobics

Saturdays (Term Time)

Time: 9.45am to 10.45am

Venue: Woodhouse College

Info: Dance your way to fitness! Enjoy the perfect workout. Contact Daksha Maroo

★★★★★★★★★★

Gujarati School

Saturdays (Term Time)

Time: 9.30am to 12.30pm

Venue: Woodhouse College

Info: Let your child learn to speak and enjoy Gujarati, which is taught through music, singing, dancing, acting, storytelling and art! From ages 4 upwards. We also offer Bollywood dancing, Table, Harmonium, Bharat Natyam, Arts and Crafts, and Gujarati for adults.

★★★★★★★★★★

Youth Club

Fridays (Term Time)

Time: Under 12s 6-7.30pm Over 12s 7.30-10pm

Venue: Woodhouse College

Info: Come and play football, basketball, bench ball, dodge ball, netball and much more.

★★★★★★★★★★

Sakhi Milap presents

WHIST DRIVE



3.45pm – 4.00pm

4.00pm – 6.00pm

6.00pm – 7.00pm

7.00pm – 8.00pm

Registration

Whist Drive

Light Snack

Results & carriages

Sunday 6th December 2015

3.45 pm to 8.00 pm

Woodhouse College

Woodhouse Road, Finchley N12 9EY

Entrance £6.00 (Members)

£7.50 (Non-Members)

Tickets non refundable. Management Reserves Right of Admission and the Right to Change Dates and Venues.

For tickets & further details please contact:

Kailas Haria 07825 339317

Ila Shah 07828 951762

Kailash Shah 07951 469591

Gita Shah 07932 058018

Nilam Shah 07941 076115

Hema Shah 07714 418081

Bharti Shah 0208 361 0835

Deepti Haria 07803 031408

Making of the Stavan Fusion and Garba Night for the 10th Anniversary Celebrations of our Derasar

At the first planning meeting for the 10th Anniversary Celebrations of the Derasar, the committee were asked to bring a few ideas on how to entertain our members for the four days of celebration.

I put forward the idea of a 'Mega Stavan Night' for the night of 30th August. My original idea was to bring together talented, professional and well-known artists of the Oshwal community and have a performance similar to 'Live Aid' organised in 1985 by Sir Bob Geldof. I spoke to various artists but getting everyone together proved to be a challenging task since most people's diaries were fully booked with other commitments.

However, my spirits were lifted when I received an e-mail from Bhavik Haria saying that he would be really interested in participating in the concert and was also prepared to help with the coordinating of the event. This event had particular sentimental value to Bhavik because it was at the Derasar's opening in 2005 where he met Karnik Shah who guided him forward in his music. A special moment in his musical journey. Planning began soon after!

Ideas were put on the table and we agreed that we wanted up-and-coming artists to participate, and create an atmosphere where people of all ages could join in the Stavan singing and have a memorable time. Our main aim was to encourage youngsters to attend this event. We advertised for instrumentalists and vocalists of all ages to attend an audition held on 19th April 2015.

Bhavik had the lovely idea of finding a lyricist to write a song especially for the 10 years milestone. Dilip immediately thought of Githa Shah, a singer and songwriter who has contributed to the Oshwal Community in many ways over the years, and approached her to see if she could write a song for the occasion. To date Githa has written: EKTA – for the inception the formative years of the Shikharbandh Derasar, DABASANG VASI – for the first gathering of people from the Dabasang Village, SHRADDHA – to mark twenty five years of the halls at Oshwal Centre, and now VADHAMANI – to celebrate ten years of the Derasar at Oshwal Centre.

The auditions were successful and it was great to see such enthusiasm in both children and adults who wanted to take part in the event. We allocated solo and chorus parts to the vocalists, but faced a challenge with the young musicians – they had never played Indian music before and could only read English music notation. This proved to be a dilemma as no ready prepared English notation or music for the Stavans was available anywhere and time was marching on!

We were able to overcome the challenge with the help of Preeti Dasgupta, a music teacher in both Western and Indian classical music. Preeti developed her love for music from a young age, inspired and trained by her

father, the late Shri Nitai Dasgupta, an Indian Classical vocalist, composer and teacher based in London. As a child, Preeti learnt Indian classical alongside Western classical covering vocal music and a range of instruments including harmonium, sitar, piano, violin and guitar. She spent time preparing and transcribing the music for the chosen Stavans and coached the young musicians who easily gasped the new Indian music. Through regular weekly practices things started to fall into place.

By this time, Githa, whilst on holiday in Zanzibar, finished writing her song 'Vadhamani'. The first time we did a run of the song it brought tears to my eyes. It was a beautiful song that was so appropriate for the occasion and it sounded really good. I was astounded by the Githa's talents.

The final rehearsal took place on 23rd August. Although the whole team could not be present, (getting the whole team together at rehearsals proved the most challenging task!), the rehearsal went well and I was very pleased with participant's efforts and talent. I was satisfied that things should go okay on the day.

On the night of the performance, both the halls at Oshwal Centre were heaving with people of all ages! As a group, we had gelled and worked hard, and we were all very excited to do our performance. The evening was magical and everyone performed extremely well – I felt really proud of each and every participant! We had a very captive audience and they enjoyed singing along to all the Stavans. Our family sponsored a booklet to accompany the Stavans as a keepsake from the memorable night. We dedicated this to our parents, Late Mr and Mrs Motiben and Khetshibhai Lakhamshi Maroo and Mr and Mrs Jasodaben Premchand and Premchand Depar Shah.

The evening followed with Garba and Raas with music by the renowned Mayaben Deepak. The floor was filled with people, especially the youth, dancing the night away to the melodious music.

We have received excellent reviews and feedback about the Stavan Fusion and Raas Garba Night, and I would like to thank everyone for their encouragement and support. In response to this interest, we are planning to hold Stavans on a regular basis at the Derasar – details will be published on the website – watch the space!

My sincere thanks to all the participants – I am really proud of you all! My special thanks go to Bhavik Haria, Preeti Dasgupta and Githa Shah without whom the night would not have been as special or successful. Finally, I would like to thank my family – Dilip, Ronak and Paras for being the rocks for this project and all my Committee work.

Daksha Maroo

North East Area

Pranam, Jai Jinendra, Hello, Hi!

Hope you are all well and have enjoyed the recent Paryushun and Savantsari festivities.

The North East Area celebrated Paryushun in our not-so-new-anymore refurbished Oshwal Centre. With the colours of the halls matching the Sari colour scheme for each day, the chandeliers beaming with light and the halls packed on a daily and evening basis, everyone looked stunning and the religious festival was celebrated in full swing.



I would like to thank all the volunteers who helped without hesitation for eight days and during the joint Savantsari preparation. You all know who you are. Heartfelt THANKS from the North East Area committee. Without your hard work, the festivities would not have been as successful. Do take a look at the lovely photo's, the fantastic Diwali recipe (with a twist!) and of course, our regular events that we invite you all to join.

Finally, HAPPY DIWALI and a Prosperous New Year from us all and we hope to see you all in the very near future!

Michhammi Dukkadam.

Nishma (Nish) North East Area



Activity for Kids!

f	w	c	u	j	d	s	w	a	n	f	o
s	i	n	a	j	y	i	t	v	v	i	w
s	a	r	e	i	t	a	v	f	c	r	s
w	f	c	e	l	e	b	r	a	t	e	r
e	e	d	i	w	a	l	i	f	b	c	l
e	s	m	h	e	o	v	z	x	s	r	a
t	t	l	y	e	u	r	r	v	o	a	k
s	i	i	y	o	g	l	k	m	t	c	s
f	v	g	g	i	f	t	s	s	u	k	h
j	a	h	r	a	n	g	o	l	i	e	m
q	l	t	v	y	d	m	z	y	m	r	i
v	c	s	s	z	y	p	a	e	t	s	u

Diwali	Gifts
Diva	Festival
Rangoli	Lights
Lakshmi	Sweets
Fireworks	Celebrate
Firecrackers	

We wish you a very Happy Diwali and a bright and prosperous New Year

For this year let us all bake a world cake which whilst eating we feel more energetic and positive!

Ingredients:

2 ½ cups of Happiness - Scatter evenly
 1 ¾ cups of Freedom - Distribute equally
 1 ½ cups of Trust - Grate and toss in bowl
 1 pinch of laughter - Sift throughout
 Mixture a dash of helpful people - Radiating out from Centre

Toppings:

1 ½ cups of Peace - Spread on finished Cake
 1 Tbsp of Unity - Sprinkle on top
 1 tsp Love - Sprinkle Lightly Everywhere.

Method:

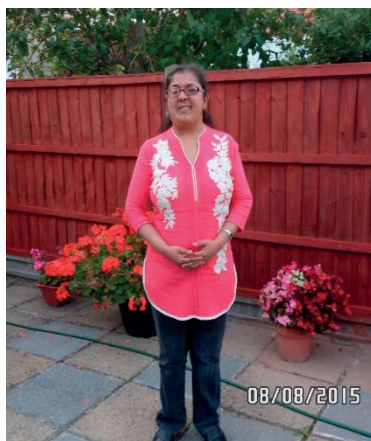
1. Spread cleanliness on bottom of Circular pan with a circumference of the equator.
2. Mix friendship respect and understanding in a bowl. Allow to sit for one minute.
3. Mix trust, helpful people, happiness freedom and laughter into a separate bowl.
4. Beat lovingly for one minute.
5. Mix all ingredients together in one bowl.
6. Blend for two minutes.

ENJOY!

Wet:

2 Cups of Respect - Pour and mix well
 1 ½ Cups of cleanliness - Spread on bottom of pan
 1 cup of Understanding - Mix throughout batter
 ¼ cup of Friendship - Mix until Doughy.





My name is Parul Pravind Shah. I am writing this article to explain what can be achieved through voluntary work. Despite having been involved in a car accident many years ago which

left me with many disabilities, I have faced challenges head on and can proudly say that I am able to still live a normal life.

I had managed to have secured two part time jobs. My first job was as an Administrator at RAA (UK) Limited and my second job was as an Administration Clerk at M & N Traders Limited, but most of my life I have been a volunteer.

My journey as a volunteer began way back in September 2005 when I had started doing voluntary work at Bowes Primary School for a couple of days, where I had undertaken many different roles on a voluntary basis which have included: being a Classroom Assistant, a Library Assistant, an Office Assistant and a Playground Volunteer at lunchtime. As well as doing voluntary work at Bowes Primary School I had carried out more voluntary work at various places which included being an Administrative Assistant at Garfield Primary School.

After completing my work at M & N Traders Limited, I had continued doing my voluntary at Bowes Primary School and I had carried out more voluntary work at Bounds Green Group Practice as an Administrative Assistant. As well as continuing on with my voluntary work at Bowes Primary School, I had carried out more voluntary work last year at the North East Area Gujarati School on Saturday morning's where I help out the class teacher by helping the children who are struggling with their class work, listening to the children

read and making sure that the children play nicely with each other during break time.

During the 10 years of doing voluntary work at various places I have learnt how to communicate well with various people, I have learnt how to be a team player, I have learnt how to take responsibility, learnt how to order and sort out various books as well as organisational skills, time management skills, presentation skills and data entry skills.

As well as doing voluntary work at various places, a family friend Shandip N Shah had encouraged me to join a group called the Sansaar group where I am encouraging the small children to take part in the Garbas and he had also encouraged me to attend SCVP (Shri Chandana Vidyapeeth) which is a Jain School in London where I am learning about Jainism and I try to help out at the events where I can which are held by the school. As well as attending the Jain School I also attend Enabling Network where I take part in different sports activities and social activities.

Throughout my voluntary work as well as working at RAA (UK) Limited and M & N Traders Limited and taking part in various activities I have met a lot of people who I now call friends.

My experience has given me determination, dedication, confidence, will power and independence to tackle any of the challenges that I face today by giving it my best shot wherever possible and asking for help when I need it.

So my message to you is *'I WOULD ENCOURAGE YOU TO MAKE TIME FOR YOURSELF TO LEARN NEW THINGS, GAIN MORE SKILLS AND MAKE NEW FRIENDS AND SEE WHAT YOU ARE CAPABLE OF ACHIEVING FROM THAT.'*

<p>Keep Fit</p> <p>Tuesday 8.00pm – 9.15pm Trinity at Bowes Methodist Church Contact: madula.savla@btinternet.com</p>		<p>Zumba classes</p> <p>Wednesday 7.00pm – 8.00pm Ruth Winston Centre Contact: p4shi@hotmail.co.uk</p>	
<p>Yoga Classes</p> <p>Monday and Tuesday 7.00pm – 8.30pm Southgate School dilipshah0011@googlemail.com; maysuri@yahoo.co.uk</p> <p>Saturday 10.00am – 11.30am Southgate School thepillbox@gmail.com</p> <p>Sunday - Youth Club dipak.shah@rentokill.com</p>		<p>Youth Club</p> <p>Sunday Alexandra Park School, Muswell Hill Contact: dipak.shah@rentokill.com</p> <p>Yoga Classes Manishbhai – 8:45am – 10:00am Reteshbhai – 9:00am – 10:30am (Pranayam)</p>	

NORTH EAST YOUTH CLUB

Come and JOIN US!



Every Sunday
9am - 1pm




Badminton

Football

Netball

Basketball

Circuit Training

Darts

Kho

Hockey

Benchball

Dodgeball

Volleyball

Yoga

Alexandra Park School, Rhodes Avenue, London, N22 7UT

Contact: Dipak (07866 268021) Nishul (07961 065246) Kunjal (07771 834552)




Join us on Facebook. Search for "North East Area Oshwal Youth Club for the latest news and updates on what's going on"

Join us on Twitter on @Oshwal_NE for the latest updates



ઓશવાળ અસોશીએશન ઓફ ધ યુ.કે નોર્થ ઈસ્ટ એરીયા

પરમ કૃપાળુ પરમાત્મા ની અસીમ કૃપાથી અને ગુરુ ભગવંત ની પ્રેરણાથી પર્યુષણ પર્વ ભવ્ય રીતે ઉજવ્યા. આપણા આમંત્રણ ને માન આપી તપોવનથી જૈન ધર્મના મહા અનુભવી ભાઈશ્રી તેજસભાઈ અને શાસનભાઈ , આરાધના કરાવવા પધાર્યા. તેજસભાઈ એ બહુજ સરળતાથી કલ્પસૂત્રના પ્રવચનો દાખલા આપી સમજાવ્યા, શાસનભાઈ સંગીત માં સૌને ડોલતા કરી દેતા. પ્રતિક્રમણના સૂત્રો સૌને સંભળાય તેટલા પહાડી રાગે પ્રતિક્રમણ ભણાવીયા. અજીતશાંતી જેવા મહાન સૂત્રોના ચોખ્ખા શબ્દ સાંભળી શ્રોતાજનો ભાવ વિભોર બની ગયા. ધન્ય છે આવા નાના કલાકારોને, અને તપોવન સંસ્થા ને કે જેઓ દર વર્ષે અનેક જગ્યાએ આરાધના કરાવવા મોકલે છે.

કલ્પસૂત્ર, બારસા સુત્ર સમજવા સાંભળવા અનેક શ્રોતાજનો ને લાભ મળેલ. આ બધુ સાંભળતા જૈન ધર્મ કેટલો મહાન છે, તેનો ખ્યાલ આવે. સાંજે પ્રતિક્રમણ માં ઘણી મોટી સંખ્યા માં હાજરી હતી. મહાવીર વાંચન ના દિવસે સૌનો આનંદ અને ઉત્સાહ જોઈ દિલ નાચી ઉઠેલ. સ્વપ્નની ઉછવણીમાં શ્રોતાજનો એ ઉદાર દીલે ભાગ લીધેલ. સાધર્મીક ભક્તિ કરાવવાનો લાભ પુણ્યશાળી ઘણી વ્યક્તિઓ એ લીધેલ. સૌની અનુમોદના કરીએ.

કુમારપાળ મહારાજની આરતી જસોદાબેન અને પ્રેમચંદભાઈ દેપાર ના પરીવારે લીધેલ. સંઘ વતી તેઓની અનુમોદના કરીએ

પર્વમાં ભાવિકો એ ભાવપૂર્વક કઠીન તપસ્યા કરી જૈન શાસન ની શોભા વધારી છે. ખાંડાની ધાર સમિ તપસ્યા છ ભાઈઓ અને પાંચ બહેનોએ કરેલ. પુણ્યશાળી તપસ્વી ઓ ને કોટિ કોટિ વંદન કરીએ.

તપસ્વી ના બહુમાન નો કાર્યક્રમ સુંદર રીતે ઉજવ્યો. સંઘમાં ધર્મ ભાવના વધારવા માં તપોવન થી પધારેલા ભાઈઓ નિમિત્ત થયા છે. કમિટીના સભ્યો તેમના ઋણી છે.

સૌ વોલ્યન્ટરો કામકાજ માં બહુજ મદદ કરેલ છે. કમિટી સૌનો ખુબજ આભાર માને છે.

નોર્થ ઈસ્ટ એરીયા કાર્યવાહી સમિતિ તરફ થી સૌને દિવાળી અને નૂતન વર્ષાભિનંદન.

લી: તારા પતાણી

N.E. area Paryushan Parve 2015 was celebrated with grandeur. We had two devotees from Tapovan, namely Tejasbhai who explained Kalpa Sutra Pravachan in a very easy and simple language, Shasanbhai mesmerised everyone with his melodious voice fluently. Thanks to these devotees on behalf of the area.

Everyone celebrated Mahavir Vachan joyously on Monday afternoon. Bidding for Savapnas were done generously.

Kumarpar Raja's Aarti was acquired by, Jasosaben and Premchandbhai Depar Parivar.

This year we had 11 Tapasavis -

The area is most grateful of all the volunteers who helped during this auspicious occasion.

Michhammi Dukadaam from N.E. committee if we have hurt anyone knowingly or unknowingly.

Happy Diwali and prosperous New Year from N.E. Area Committee

North West Area

Chairperson's Message



“Progress is impossible without change, and those who cannot change their minds cannot change anything.”

Time will not wait for anyone. As every second, minute, hour, day, week, month and year passes, we need to be ready to move with time. The way we live, work, study and pass our post work life has been changing.

Change will come and we will have two options, we either embrace the change or fight it. But if we choose the latter, we will find ourselves left behind, because time will not wait for anyone. If we move with time and accept the change, we will endure some pain at the onset, but we will be able to adapt and reap the benefits of the new experience.

You can try this at home. Get a bucket and fill it with cold water. Try putting your feet into this cold water bucket. There will be apprehension on our part for doing this, but after a few initial moments where you may feel the cold and discomfort, you will adapt to this change.

The same change was adopted during the planning of this year's Paryushan festival and the Savantsari bhojan. There was apprehension in our minds on whether the change would be accepted or would we fail. The results of the change brought in this year is clear in the volume of positive feedback we have received for both events.

Change, today is a necessity, if we want our future generations to be part of our community. There will always be that apprehension on our part of leaving something behind, but to move forward in life, it is also important to climb up from the past. The past will always be a memory of struggles, successes and a foundation on which we can build our future.

As we look forward, for many of us in the NW area committee, we look at this Paryushan festival with a feeling of sadness, as this is the last time many of us will be involved in the planning and delivery of this event. This has always been the biggest event in our calendar year and it has been delivered only through true team effort. We would like to thank our volunteers and members for the support they have given to us over the last 5 years for allowing us to serve you during Paryushan, and the smiles on your faces has given us the strength and courage to take on this task.

But as we move on, we leave a promise for the team that will be responsible for this task next year, we are a mere shadow of you and will always be present to support you whenever you need us.

We wish you all a very Happy Diwali and a prosperous New Year. We hope that the festival of light, enlightens the path to true happiness for you and your families & friends.

If we have caused you offence in any way, knowingly or unknowingly, in thought, words or deeds, then we seek your forgiveness

Michhami Dukkadam

Jai Jinendra

Nirmal Chandrakant Shah
Chairperson
OAUK – North West Area

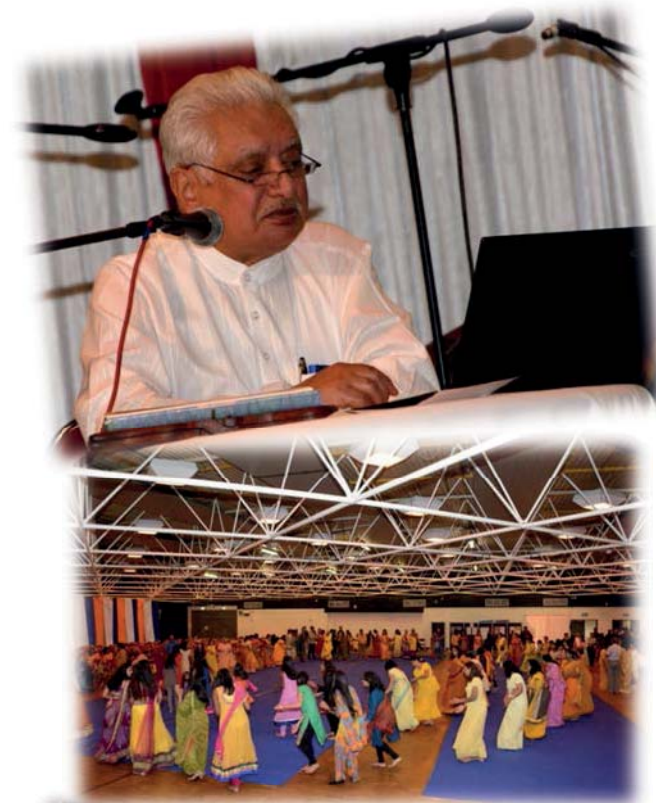


Paryushan4Kids 2015

Paryushan 2015 : 10th September – 17th September



Paryushan is the most important Jain festival of the year and is celebrated in the Indian month of Bhadra (August/September). This year, Dr Harshadbhai Sanghrajka from Institute of Jainology came and imparted us with his spiritual knowledge through discourses & Q&A that inspired, engaged and enlightened us throughout the Paryushan Festival.



Tapasvi Shravak & Shravika

Name	No. of Upvas	Name	No. of Upvas
Dharmeshbhai Jayantilal Shah	8	Ushmaben Nimal Shah	8
Samirbhai Jethalal Shah	8	Manjuben Meghji Shah	8
Bharatbhai Devshi Devji Shah	8	Pritiben Paresh Shah	8
Dhirajlalbhai Nayalal Shah	8	Shobnaben Kishorelal Shah	8
Bimalbhai Jayendra Jethalal Shah	8	Jayshreeben Mitin Shah	8
Ajaybhai Devchand Shah	9	Rashmiben Keval Shah	9
Rajeshbhai Amratlal Shah	9	Nixhaben Vijay Shah	11
Nareshbhai Devshi Shah	8	Nilaben Ashok Shah	9
Pravinbhai Virpar Samat Shah	9	Suryaben Jayantilal Shah	8
Mishalbhai Suket Shah	8	Nilamben Mahesh Shah	8
Priyavbhai Suket Shah	8	Pallaviben Neel Shah	8
Ketanbhai Mulchand Chandaria	8	Purnimaben Dhanji Shah	8
Pankajbhai Lalji Ladha Shah	8	Mayuriben Nitin Shah	8
Raheelbhai Nitin Shah	8	Vinayeeben Hitesh Shah	8
		Madhubalaben Nemchand Gudka	9
		Meeraben Minesh Shah	8
		Jignaben Dipesh Shah	8
		Ninaben Shailan Shah	9
		Pritiben Kishore Shah	8



SAVANTSARI BHOJAN - NORTH WEST DONORS

MAIN DONOR

Damuben & Mahendrabhai Somchand Ramji Gosrani
(of DIPS FOODS)

Amritlal Gosar Shah	Kasturben Karamshi Shah	Radiyatben Khimji Raishi Shah
Anjani Hasmukhlal Shah	Keshavlal Vrajpar Shah	Rajal & Ridhi Nitin Shah
Anjul Mansukhlal Shah	Kusum Mohanlal Harania	Rajesh Hirji Shah
Anonymous (VARIOUS DONORS)	Lalitaben Mansukhlal Gudka Parivar	Rameshchand N Shah
Ashok Mulchand Shah	Late Manjuben Sureshchandra Shah	Ramlal Hirji Sura Shah Parivar
Bhanuben Shantilal Virpar Parivar	Late Puriben Virpar Shah	Ranjan Chandrakant Nagda
	Late Shantaben Mohanlal Popatlal Shah (Sailesh)	Ranjan Mahendra Lalji Chandaria
Bhanumati Lakhamshi Parivar	Laxmiben Keshavlal Hemraj Shah	Rumit Dayalji Shah
Bhartiben Prabhulal Gosar Savla	Maniben Govindji Mepa Parivar	S D Shah
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Chandra & Navin Ranmal Harania	Maniben Keshavji Parivar	Sarla Ajit Shah
Chetan P Shah (Bhikhubhai)	Manjri Rajesh Shah	Sarlaben Chandrakant Shah
Devkurben Premchand Lakhman Parivar	Manjuben Amratlal Parivar	Saroj Rajni Shah
Dr Harshadray Sanghrajka	Manjula Mahendra Malde	Sashikant Tejshi Shah
Gulabchand Govindji Shah Parivar	Manoramaben Anil Malde (Premchand)	Savitaben Ranmal Shah Parivar
Gunvantiben Chaganlal Parivar	Meena Narendra Shah	Shakuntla Chandrakant Shah
Hansaben Devraj Ratilal Devraj Parivar	Mehghji Karman Jakharia (Pankaj)	Shantaben Hirji Shah Parivar
Hansaben Khetshi Gosrani & Family	Mehul Kamlesh Shah	Shantaben Kantilal Shah Parivar
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Hemkurben Nemchand Devshi Gudka Parivar		Shardaben Amritlal
Illaben Rasiklal Velji Shah	Motiben Panachand Chandaria Parivar	Shobnaben & Dr Manu Haria
Jamkurben Lakhamshi Hadha	Motiben Ramniklal Dhanani	
Jashodaben Hemraj & Anjana Satish Shah	Mrs Hasmita P Malde	Smita Dilip Shah
Parivar		Sobhagchand Z Shah
Jasodaben Nathalal Parivar	Mrs Sheena Gudka & Mrs Nixha Shah	Sudhaben Kishor Shah
Javerben Raichand Pethraj Parivar	Mukesh Nanji Shah	Sudhaben Maroo
Jayaben Ramnik Galaiya	Muktaben Nemchand Manek Parivar	Sudhir Shah
Jayantilal Lakhamshi Shah	Munil, Jaina, & Manish	Sunita Mahesh Shah
Jayantilal Nathalal Shah	Naliniben Jenu Dodhia	Surekhaben Dilharbhai Parivar
Jayendra Sojpar Shah	Nilesh Nathoo Shah	Suryakala Chhotalal Shah (Hull)
Jayu & Surekha Shah	Nimit Sobhagchand Shah	Taraben Hirji Haria & Kanta Kapoor Shah
	Nimuben Ramniklal Shah	Veluben Narshi, Kaushik & Jitu
Jitendra B Shah	Nirmal Chandrakant Shah	Veni Ranmal Harania
Jitendra Motichand Gudka	Nirmala Harakchand Haria Family	Vijyaben Nathalal Mulchand Parivar
Jitesh Navin Meghji Pancha Pariva	Nirmala Shah	Vijyaben Zaverchand Gudka Parivar
Jyoti, Prabha Kishor Harakchand Tejpa	Niruben Amichand Shah	Vilasben Ashwin Shah Parivar
K J Shah Gada & Family	Padamshi Bharmal Parivar	Viraben Liladhar Kanji & Nilam Mahesh Shah
Kanchanben Amubhai Shah	Parvatiben Javerchand Shah Parivar	
		Zaverchand Ramji Gudka
Kanchanben Chimanlal Parivar	Piyush Shah (Suryakalaben)	
Kanchanben Nemchand Parivar (Kau- shik	Pravina Dhirajlal Parivar	
& Rahul)	Puriben Virpar - Kanta Mukesh	
Karuna Mukesh Parivar	Purnaben Dhanji (Nikesh)	
Kasturben Baburaj Pancha Shah		

Paryushan 4 Kids 2015 : 13th September

Paryushan4Kids, a trademark for OAUK North West, to include children during Paryushan, saw a record 100 registrations this year. Activities were divided into age groups for pre, primary and secondary children.

Starting with Navkar Mantra, our esteem team of volunteers engaged the children with various art and craft activities such as Jain Swapana clock, Saathiyo decoration, large poster sized Swapana decoration (that was paraded and used during Mahavir Jayanti. Elder children were taught Darshan Vidhi in a simplistic manner, together with basic questions such as “What is Parushan?”, Mahavir Bhagvan’s birthday and much more.

To end the programme, all headed towards the main hall to parade the days activities and several children participated in performing a skit of Shri Prasannachandra story on the main stage, infront of a large audience.





Mehfil Night

Sit back, relax and listen to melodies from the East!!

5 December 2015

6.30pm (Dinner) and 8.15pm onwards (Music starts)

at

Oshwal Centre

Coopers Lane Road

Northaw Herts

EN6 4DG

Members £15.00 Non Members £17.50 6-12 Yrs £7.00 5 Yrs & Under FREE

Dress Code: Formal Indian Evening Wear

This event is open to everyone.

Spaces are limited so book your place today!!

Tickets available after receiving full payment by cheque (payable to Oshwal Association U.K.) OR cash.

First Come, First served.

To register and for more information, contact:

Meena 07771927290 - Meena.Shah@oauk-nw.org

Minesh 07725707005 - Minesh.Shah@oauk-nw.org

Meera 07846960201 - Meera.Shah@oauk-nw.org

Proof of membership is a requirement.

Organisers reserve the right to amend the programme.

Oshwal Association of the UK is a registered Charity - Reg No 267037



Oshwal Association of the UK
North west area
Oshwal EKTA Centre
366a Stag Lane, Kingsbury, NW9 9AA

ReActive8 - End of Year Fun Day

It truly was a day of celebration - achievement of all, recognition of all.

The hours, days, weeks, months spent over planning and preparing glowingly surfaced as we all indulged in the jhiko pizzas, garlic bread, masala chips, bbq corn, watermelon and the scrumptiously crunchy salad.

Our volunteers brought fun packed games for the children as well as the adults. Naturally we loved the competition of parents against their children so much so that the under 7 children didn't want to stop! Penalty shoot out with blind folded parents proved to reveal all sorts of parental acting- for some reason the parents seem to have infra-red vision...Ummmm!

An out right winner was the traditional tug of war - most definitely a crowd puller (no pun intended). With crunching facial muscles and

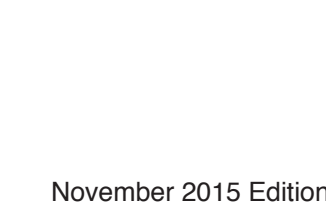
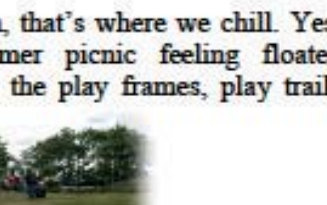
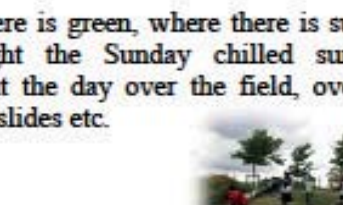
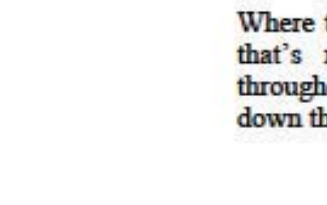
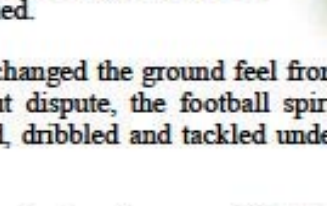
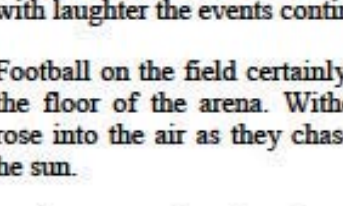
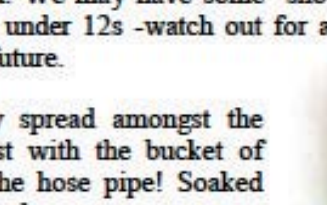
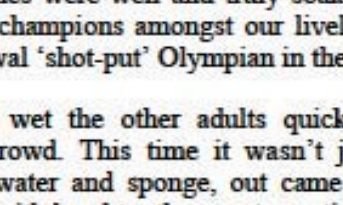
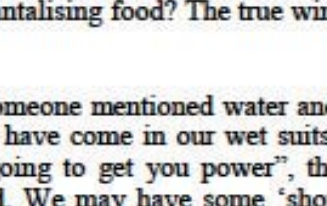
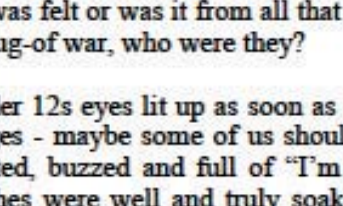
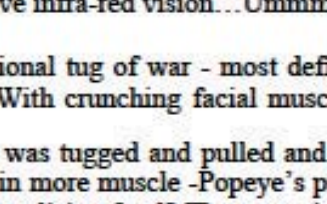
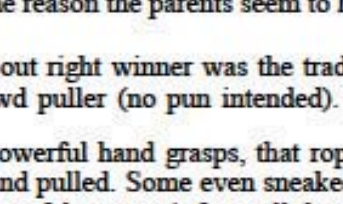
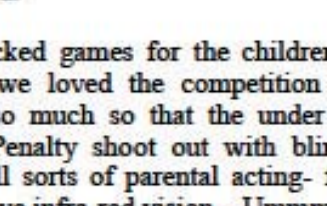
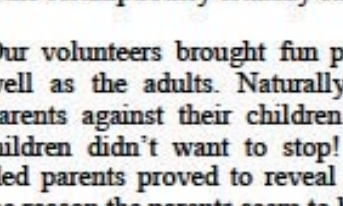
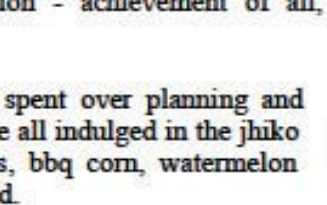
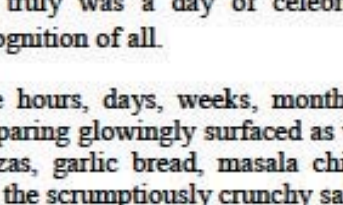
powerful hand grasps, that rope was tugged and pulled and tugged and pulled. Some even sneaked in more muscle -Popeye's presence was felt or was it from all that tantalising food? The true winners of tug-of war, who were they?

The under 12s eyes lit up as soon as someone mentioned water and sponges - maybe some of us should have come in our wet suits! Excited, buzzed and full of "I'm going to get you power", the coaches were well and truly soaked. We may have some 'shot-put' champions amongst our lively under 12s -watch out for an Oshwal 'shot-put' Olympian in the future.

Let's wet the other adults quickly spread amongst the crowd. This time it wasn't just with the bucket of water and sponge, out came the hose pipe! Soaked with laughter the events continued.

Football on the field certainly changed the ground feel from the floor of the arena. Without dispute, the football spirit rose into the air as they chased, dribbled and tackled under the sun.

Where there is green, where there is sun, that's where we chill. Yes, that's right the Sunday chilled summer picnic feeling floated throughout the day over the field, over the play frames, play trails, down the slides etc.



DATES AT A GLANCE

October 2015

2nd – OBPN Business Dinner
3rd – Garba Nite
7th – Ekta Curry Nite
10th – Elderly Monthly Meets (EMM)
10th – Whist Drive
17th – Bhukhar
26th – Bhakti Sandhya
31st – Halloween Party

November 2015

1st – Women's Networking
4th – Ekta Curry Nite
7th – Whist Drive
11th – EMM Diwali Special
21st – Bhukhar
25th – Bhakti Sandhya

December 2015

5th – Mehfil Night
12th – Elderly Monthly Meets (EMM)
12th – Whist Drive

Essential Contact Details

Oshwal EKTA Centre:

020 8206 1141
ekta@oauk-nw.org

Funskool & NWACAS:

Milan: 07968 817 043
funskool@oauk-nw.org

ReActive8

Milan: 07745049640
Reactive8@oauk-nw.org

Street Support Network

Nirmal: 07962 177 326
Chetan: 07949 45 9090
ssn@oauk-nw.org

Oshwal Business & Professional Network

Nirmal: 07962 177 326
Chetan: 07949 45 9090
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Women's Welfare

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Meena.shah@oauk-nw.org
Hina: 07732 440 721
Hina.gudka@oauk-nw.org

eCommunications

Khilit
khilit.shah@oauk-nw.org



Oshwal EKTA

Mandals

*Every Monday and
Thursday*

10:30am – 3:30pm

Please bring packed lunch with you
and enjoy with your friends and
relatives

£2.00 per session

(OAUK Members Only)



Bhakti Sandhya

@EKTA

Every last Wednesday of
the Month*

8:00pm – 10:00pm

Come and immerse yourself in
Bhakti through devotional songs
(stavans) performed by talented
young singers and musicians

MAHESH SHAH –
07804 648 197

* Date's may change.

Updated information available on
oshwal.co.uk/areas/northwest



Whist Drive

@Oshwal Ekta Centre

£6.00 members

£8.50 for non members

Dilharbhai –

07870 846 729

Premharbhai –

020 8723 8368

Sailesbhai –

07745 871 623



Ekta Curry Nite

@Oshwal Ekta Centre

Every 1st Wed of month

£4.00 – members

£5.00 – non members



Bhukhar

@ All Saints Church Hall
Queensbury; HA8 5PQ

Yearly subscription

£35.00 (members)

£50.00 (non-members)

Pay As you go

£5.00 (members)

£8.00 (non-members)

Contact Details

Sailes Shah –

07745 871 623

Mahendra Chandaria –

07714 712713

South Area

Chairperson's message



Namaste and Pranaam

Paryushan is a time to reflect on our past actions and move forward by learning from our mistakes. During the Paryushan Festival, we come together. We have

recently celebrated the Paryushan Festival with zeal and enthusiasm. It has been a truly memorable festival. We had Saumilbhai and Abhaybhai from Topovan Sanskaar Pith, India for the daily vyakhyaan and stavans. We had Bharatbhai and Jayeshbhai as accompanying musicians. The whole atmosphere was vibrant. Daily luncheons were prepared by the volunteers. I wish to express my gratitude and appreciation for all the volunteers who had made this event successful. Thank you.

Diwali is the five-day festival of lights, celebrated by millions of people across the world. The festival celebrates new beginnings and the triumph of good over evil and light over darkness. The actual day of Diwali is traditionally celebrated on the festival's third day. This year, it falls on Wednesday, 11 November. We have organised an afternoon to celebrate Diwali. Do come along and take part in this event.

Other regular events are organised for the benefit of all. Sports and Social Club meets every Saturday evenings. Gujarati School runs on Saturday mornings.

You are welcome to enrol your children in this School. Satsang Mandal meets on Saturdays as well other days according to the Jain Panchang. Patthshaala is on Thursday evenings. Medavdo Day is held on first Friday of each month. Bridge Club meets on Wednesday evenings. Karata Club meets every Saturday evenings. Dal Rotli is held once a month on Saturdays. All these activities are organised for you. Music Classes for adults are held on Monday evenings.

Please come and support the Prefects' Show. This is organised by the Prefects of Gujarati School.

The South Area Committee meets once a month to plan various activities and programmes. You are most welcome to attend these meetings as observers. Please contact the Chairman if you wish to attend. Apart from these monthly meetings, other meetings are held by the relevant Portfolio Holders as and when the need arises.

Every programme requires volunteers, and I am requesting you to please come forward for this. You will feel immense satisfaction at the end of the day.

On the occasion of the Paryushan Festival, on behalf of the South Area Committee, I wish all of you Michaami Dukaddam.

On behalf of the South Area Committee, I wish all of you and parivaar a very happy Diwali and a healthy and happy new year!

Dhirajlal Khetshi Lakhman Shah

Events



RAMAT GAMAT AND MEDAVADO DIVAS

This club is geared towards providing a meeting place for our elderly with opportunity to participate in a variety of activities.

1st Friday of the month

Contact:

Tel: Ansuyaben – 07877 410390

Email: anushah38@yahoo.com

Tel: Maiuriben – 07738 385 175

Events



Oshwal Gujarati School (South) takes pride in teaching and promoting Gujarati Language and Culture.

The School specialises in teaching various skills in the Gujarati language: speaking, listening, reading & writing.

We also offer other various cultural, drama, music and learning of religion as a part of the school curriculum.

Classes run on Saturday mornings from 9.30am to 12.15pm in line with mainstream school terms.

Enrolment starts from the age of 5 upwards, starting from year 1 up to GCSE and A Level.

Please encourage your children/grandchildren to attend and sit these exams.

For more info contact

School Office: 020 8664 9807 / Yogeshbhai, Head of School: 07817 079 963 /

e-mail: ogssouth@oshwal.org.uk



BRIDGE CLUB

Wednesday - 8pm -11pm

Contact: Ansuyaben – anushah38@yahoo.com

Tel : 07877 410390

Please contact Naresh Shah - 07713 095488 for further details

SPORTS AND SOCIAL – SATURDAY CLUB

The Saturday club has moved to a bigger and better modern venue.

Come and try out your hand at a number of new activities

Please let us know if you are interested in a particular activity

Time: 6pm – 8.30pm

Venue: Harris Academy Purley
Kendra Hall Road, South Croydon

Bus routes: 405, 455

<https://www.youtube.com/watch?v=MYG-0tPgQyY>

For further information email: southyouth@oshwal.org



OAUk – South London

Cordially invites all Oshwal members and families to attend the

DIWALI PROGRAMME

With Light Refreshment

SUNDAY 8th NOVEMBER 2015

Venue : South London Mahajanwadi

Programme:

- Rangoli Viewing - 2.00 pm - 3.00 pm
 - Aarti – Dehrasar - 2.00 pm - 3.00 pm (every 20 mins)
 - Variety show - 3.15 pm - 5.15 pm
 - Raffle draw - 5.30 pm - 6.00 pm.
 - Light Refreshment - 6.00 pm - 7.30pm
- Please note timing can be subject to change

For further details please contact:

- Kamalbai - 07538 459329
 - Hasmukhbhai - 0208 684 0920
 - Dhirubhai - 020 8684 3592
- Or any committee member

Happy Diwali



Oshwal Sports and Social presents

Music & Masti

An evening of Music and Dance

21st November 2015

Venue: Harris Academy, South Croydon

Time: 7.00pm for 7.30pm start

Tickets include full dinner:

Oshwal members - £20

Non members - £25

Music by
Strings

For tickets please contact:

southyouth@oshwal.org

or call Hiten: 07711 183808 for further info



SAFEGUARDING CHILDREN IN OUR COMMUNITY

Seminar Report Grooming and Entrapment



Oshwal Mahajanwadi

Tackling issues of grooming and entrapment

The Hindu community got together to bring a very sensitive topic to the forefront and raise awareness amongst our members.

As many of you know, any taboo subjects impacting our Hindu families generally tend to be dealt with privately by the family and in secrecy due to the impact upon the standing of the family and often in detriment to the victim.

It is high time, we as a community, took responsibility to protect and support our fellow members without judgment. With this in mind, a seminar on grooming and entrapment was led and hosted by OAUk – South London and HSS-UK to raise awareness of issues facing our children and what can be done to prevent someone falling into this trap.

Bhai Mohan Singh of Sikh Awareness Society was invited to present the seminar as the guest speaker, with his wealth of experience in dealing with the issue since 1998.

Seminar

Around 500 guests, from across various Hindu Communities in South London and further afield, gathered at Oshwal Mahajanwadi – South London. Amongst these guests were local councillors,

London Assembly Member as well as Hindu community leaders.

The evening was led professionally by two of our younger members, Kelly and Prashil. They provided background on the seminar and the speaker and gently got the attendees into the mindset of what was to come.

Bhai Mohan Singh started with highlighting key factors he had come across which led to all grooming and entrapment cases and key amongst this was the breakdown of our community responsibility.

In our busy world, we often neglect to spend quality time with our children and family, forcing them to seek attention elsewhere.

The groomers pick up on this quickly and start showering them with gifts, phone calls etc and slowly take them in their fold.

This was followed with references to current cases being investigated as well as some graphic effects of grooming on the victim. The visual representation of the victims in certain instances was very disturbing, and the fact the groomers came from such a wide spectrum of ages made it all the more sickening.

At the end of the seminar all the attendees were invited to a simple dinner with a chance to mingle and provide feedback.

These are some of the comments received;

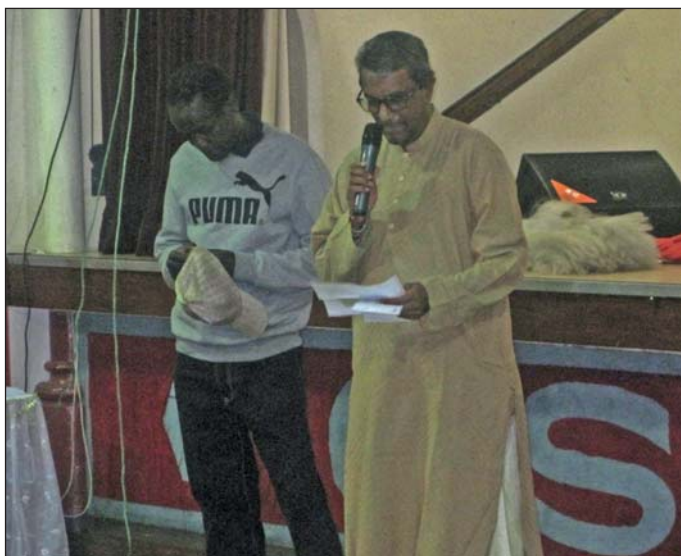
'Today's subject is something that all should be aware of so that you are able to help vulnerable girls if ever the need arises... Following on from the talk, it will help parents to engage in conversations with their daughters. Thank you for arranging such an informative seminar.'

'It was professional and very well organized. It's just awful that after the first attack the girls get stuck and can't talk to anyone and put a stop to it. A mini-cab driver told us about this happening to a girl he knew about 10 years ago in Croydon....'

We would like to thank all our well-wishers who contributed with their time, effort and or money to allow us to bring such an important issue to the forefront.

STOP PRESS:

Following on from the seminar, a case of victimisation was reported to us. Thankfully, with our help, we believe this has now been resolved.



Yemabhai receiving the letter of appreciation for 25years service at South Oshwal Mahajanwadi

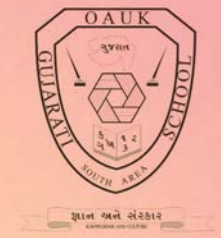


Paryushan festival after Pratikraman



Audience getting involved in the Bhavna

Oshwal Gujarati School South Area



prefects show 2015!

28th November 2015
Oshwal Majanwadi Croydon
look out for further details

contact us

Anjali- head girl- anjali_shah@hotmail.com

Uday-head boy-aryanshah108@gmail.com

school-ogssouth@oshwal.co.uk

We are the next Gujarati and Oshwal
generation
sponsorship and donations will be
greatly appreciated

West Area



GUJARATI VARIETY SHOW

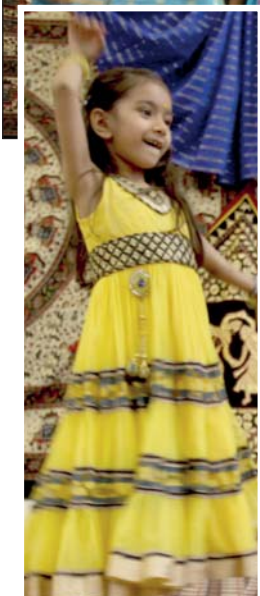
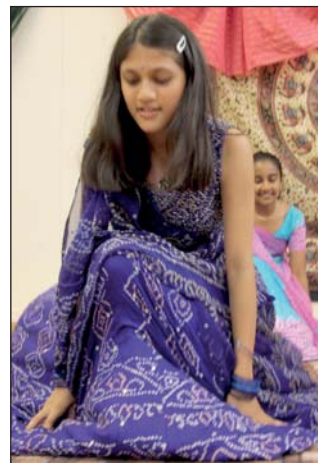
The Children and friends of the west area Gujarati school put on an incredible performance enjoyed by a full house at the Oshwal Shakti Centre.

Below are some pictures from the variety show.

Please encourage any eligible Oshwals and Non-Oshwals to come and join our wonderful school.

Contact Ushaben 020 3016 7606 (Evenings and weekends only).

We had a 100% pass rate for GCSE GUJARATI again this year.



BAZAAR

A fun day out on the 19th July 2015 at the Shakti Centre Hounslow, with food, stalls, face painting, Mehndi, Games, and much more.

Thanks to all the incredible volunteers, public and the stall holders for making this a great success. Watch out for more information on the next one.

Our West Area Youth had a fun games table.



PARYUSHAN CELEBRATIONS 2015

This year Tapasvis were: VELUBEN JAYNTILAL SHAH, INDUBEN PRAFUL SHAH, ANI KIRIT SHAH, PRABHAT SHANTILAL SHAH, CHIMANLAL SHAMJI SHAH, DILIP SAMJI SHAH





DWAR OPENING OF THE SHAKTI CENTRE MAY 29th 2016

Official opening of the door at the Shakti Centre.

The lucky winner gets to open the doors with their family and have an official TAKTI (plaque) commemorated to them inside the Centre.

Tickets are £25 each. Terms and conditions at www.oshwal.co.uk

Draw to be held on Sunday April 17th 2016

Please contact a member of your area committee for your lucky TICKET or Keshubhai on 07735382657 (Between 2pm and 10pm only).

West Area Shakti Centre is available for hire to the Public – please contact Keshubhai for further details.

WEST AREA COMMITTEE

We wish to thank all the members for all their help over the Paryushan period, Savantsari and throughout year with their cleaning, organising, cooking and most of all, for their kind support.

"Nobody understands the reason why we all met in this journey of life!

We may not be related by blood.

We may not know each other from the beginning.

But the lord put us here together to be wonderful relations by HEART..!"



Michhami Dukkadam

**Do you want to
advertise your
business or service?**

**Please ring the Oshwal News office
on 01707 6438383 or email
admin@oshwal.org for full details**

**We would like to feature other
interesting stories from our
members so please send
us your stories for future
publications.**

**Send to The Editor
Sudhir M Shah
sudhirmeghjishah@gmail.com**

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plus

Out-of-lesson Homework Support

Find out how good our tuition is:

www.mathscool.com

0844 840 8400 (7p/min plus your phone company's access charge)





OSHWAL YOUTH COMMITTEE

WANT TO BE PART OF THE OAUK TEAM?



Register your interest for any of the above sports by sending an email to your respective area representatives as per the below by **25th October 2015**

Area	Name	Email	Area	Name	Email
East	Contact Area committee		South	Any committee member	southyouth@oshwal.org
North	Khilna Shah	Khilna_s@hotmail.com	West	Arti Shah	artishah141@hotmail.com
Northampton	Contact Area committee		Luton	Keval Shah	Keval.oshwal@gmail.com
North East	Kunjal Haria	kunjalharia@hotmail.com	Leicester	Contact Area committee	
North West	Milan Shah	milanmombasa@yahoo.com	General Queries	Anjali Gudhka	Anjali.gudhka@oshwal.org

Further details will be provided in due course.

Open to OAUK members



32nd Oshwal Sports Day 2015

BASKETBALL – BENCHBALL – CHOKRI – CIRCUIT TRAINING – DARTS
DODGEBALL – FOOTBALL – KHO – NETBALL – SWIMMING –
VOLLEYBALL – BOCCIA

SPORTS	DATES	TIME	VENUE
Volleyball & Netball	29th Nov 2015	9am to 1pm	Brunel University, Kingston Lane, Uxbridge Middlesex UB8 3PN
Darts	29 th Nov 2015	11:30am to 9pm	Oshwal Shakti Centre, Inwood Road, Hounslow, Middlesex TW3 1UX
All Other Sports	5 th , 6 th & 13 th Dec 2015	All Day	Laura Trott Leisure Centre, Windmill Lane, Cheshunt, Hertfordshire, EN8 9AJ

Dinner & Presentation will take place at Oshwal Centre Coopers Lane Road, Northaw, Hertfordshire, EN6 4DG on Sunday 13th December 2015 7pm onwards

To sponsor any trophies please contact Anjali Gudhka at anjali.gudhka@oshwal.org

For further information on how to enter please contact your local area youth club or youth representative:

Area	Name	Mobile	Area	Name	Mobile
East	Contact any committee member		South	southyouth@oshwal.org	07545 584 446
North	Vinit Shah	07713 577 403	West	Sarith Gada	07787 563 396
Northampton	Contact any committee member		Luton	Keval Shah	07837 181 332
North East	Darshan Nagaria	07772 660 035	Leicester	Neeta Shah	07876 267 253
North West	Milan Shah	07745 049 640	General Queries	Anjali Gudhka	07944 622 638 (Evenings)

www.oshwal.co.uk/sports



2015 Sports Day Sponsorship and Donation Form

Level	Pledge Amount (£)	What does your pledge give you:
1	To £100	Acknowledgement in sports day brochure for general donation contributions (towards food and refreshments and hall hire)
2	£101	As for level 1 & choice to sponsor a trophy set from selection 1 (see below)
3	£151	As for level 1 & choice to sponsor a trophy set from selection 2 (see below)
4	£201	One-eighth page advertisement in sports day brochure & choice to sponsor a trophy set from selection 3 (see below)
5	£251	Quarter page advertisement in sports day brochure & choice to sponsor a trophy set from selection 4 (see below)
6	£351	Half page advertisement in sports day brochure & choice to sponsor a trophy set from selection 5 (see below)
7	£1001	Sponsorship plaque, full page advertisement, publicity in the sports halls on all four days of sponsorship & choice to sponsor two trophies for the overall sports cups from selection 6 (see below)

Trophy Selections - Trophy sponsors will be allocated on first come first serve policy, except for selection 6 whereby priority will be given to selection 6 sponsors on a first come first serve basis.

Selection 1 (£101) <i>All events in Sports Day</i>	Selection 2 (£151) <i>All events in Sports Day</i>	Selection 3 (£201) <i>All events in Sports Day</i>	Selection 4 (£251) <i>All events in Sports Day</i>	Selection 5 (£351) <i>All events in Sports Day</i>	Selection 6 (£1001) Overall sports cups <i>All events in Sports Day</i>
Swimming - relay	Chokri	Dodgeball U12	Football U12	Overall winners' cup	Basketball
Swimming U9	Darts	Dodgeball 35+	Football U16	Sports Girl & Boy	Benchball
Swimming 10-11	Boccia	Kho U12	Football Ladies	Sports Lady & Man	Chokri
Swimming 12-13	Benchball 10-14	Kho U16	Football Mens	U12 Participation	Circuit training
Swimming 14-18		Kho 16+	Circuit training U16		Darts
Swimming 19-25		Netball	Circuit training 16+		Dodgeball
Swimming 26-35		Volleyball	Basketball U16		Football
Swimming 36-44			Basketball Ladies		Kho
Swimming 45+			Basketball Mens		Netball
					Swimming
					Volleyball
					Boccia

Selection 6: £1001 – one sponsor per industry (priority for selection 6 trophies will be given to these sponsors on a first come first serve basis)

Contribution to hall hire for sports day (day 1)
 Contribution to hall hire for sports day (day 2)
 Contribution to hall hire for sports day (day 3)
 Contribution to awards dinner on final Sunday of sports day



2015 Sports Day Sponsorship and Donation Form

Name of sponsoring individual or business (incl title)	_____
Address (incl post code)	Address line 1 _____ Address line 2 _____ Address line 3 _____ Post Code _____
Contact phone number	Landline _____ Mobile _____
Contact e-mail address	_____
Name to be associated with sponsorship / donation (if different to name of sponsoring individual or business)	_____
Please tick amount of donation / sponsorship – please select from the list on the previous page Cheques to be made payable to “OAUk” For selections 4-7, please also submit your desired advertisement message / logo for inclusion in the sports day brochure	<input type="checkbox"/> Level 1 / to £100 <input type="checkbox"/> Level 2 / £101 <input type="checkbox"/> Level 3 / £151 <input type="checkbox"/> Level 4 / £201 (One-eighth of A5 page advertisement) <input type="checkbox"/> Level 5 / £251 (Quarter of A5 page advertisement) <input type="checkbox"/> Level 6 / £351 (Half of A5 page advertisement) <input type="checkbox"/> Level 7 / £1001 (Full A5 page advertisement)
Please tick the box if you'd like OAUk to make a gift aid claim on your donation/sponsorship	<input type="checkbox"/> Gift Aid sponsorship/donation
For selection levels 2-7, please provide your top 3 trophy choices (trophies will be allocated on a first come first serve policy)	<input type="checkbox"/> Choice 1 _____ <input type="checkbox"/> Choice 2 _____ <input type="checkbox"/> Choice 3 _____
For trophy donation, wording to be included on trophy (max 35 letters incl spaces)	_____
Send this completed form and your cheque (and advertisement message if relevant) to:	Anjali Gudhka, Flat 46 Regents Court, Stonegrove, Edgware, HA8 8AD

Health & Well Being Day

Your Life, Your Choice!

Sunday November 22nd 2015

9.30am – 5.00pm

Oshwal Centre, Coopers Lane Road, Potters Bar, EN6 4DG

Special thanks to  for making this day possible



Free Health Screenings

We will screen over 500 people for common illnesses - blood pressure, BMI, glucose and more.



Key Note Lectures

5 Key Note speakers, round table discussions, charities and local health care providers.



Expert Nutritionists

Cookery demonstrations, advice from nutritionists & dieticians and a fun smoothie making bicycle!



Alternative Treatments

Exercise demos, yoga workshops and a range of alternative therapies such as homeopathy.

Don't forget to pre-register your place now:

<http://bit.ly/OHWD2015>



Oshwal Association of UK

Health & Well Being Day

Your Life, Your Choice!

Sunday November 22nd 2015 | 9.30am – 5.00pm

Oshwal Centre, Coopers Lane Road, Potters Bar, EN6 4DG

Medical Professional? Volunteer? We need your help!

We need a team of volunteers to help us on the day. Whether you are a healthcare professional or simply want to help in organising the day, we'd love to hear from you!

E-mail

health-volunteer@oshwal.org
or call Ketan on 07597-228841.

**Next Volunteers Meeting:
Wednesday 28th October 2015
Oshwal Centre - 8pm – 9.30pm**



Medical / Health Business? Interested in Advertising?

We have a limited number of advertising and stall opportunities at the event. Stands and adverts in the show brochure start from only **£150.00**. For further information, please e-mail us on health-info@oshwal.org or call Ketan on 07597-228841 and we'll send you a prospectus.

Please note that this event is not for profit and all funds and donations received will be used for the event.

Some of our Charity Partners

Are you a registered charity and want to have some presence at the event? There is no cost and we'd be happy to try and get you involved! Please contact Ketan on 07597-228841 or health-info@oshwal.org





Oshwal Association of UK

Health & Well Being Day

Your Life, Your Choice!

Sunday November 22nd 2015 - 9.30am – 5.00pm

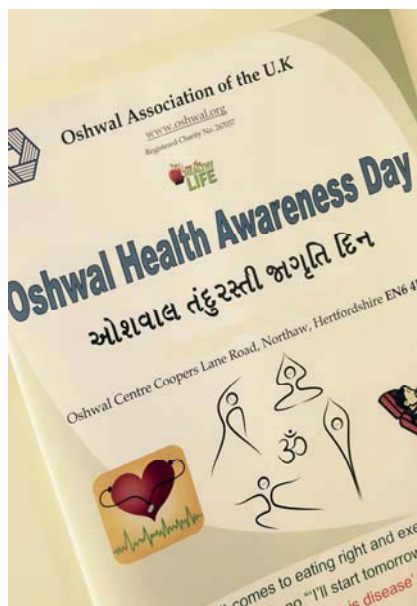
Oshwal Centre, Coopers Lane Road, Potters Bar, EN6 4DG

Don't forget to pre-register your place now:

<http://bit.ly/OHWD2015>

Leave a lasting “In memory of” or other message and help us bring the day to life!

Donate Online: bit.ly/OHWDSponsors



We could not produce this fantastic day without the support of a huge team of volunteers. With the fantastic sponsorship and donations from businesses in our community, we've been able to keep this day as a FREE event.

We often get approached by people wishing to make smaller donations in contribution to this fantastic family day and are glad to say this is now possible on our Just Giving page. Donate any amount and for all donations of £25.00 or more we will include you in our Commemorative Event Magazine, along with any message that you wish to leave.

Whether it's in memory of a loved one, or a message for your family or even business, we'd love to recognise your support. Simple visit on the link above and we'll add your message.

Ever ridden a new fun Smoothie Bike?!

We will have a great opportunity to ride your way to the perfect healthy fruit or vegetable smoothie! See how quickly you can blend your drink from only £2.00!



History of Oshwal Association of the UK

During the years 1966 to 1968, Dr Shantilal Dharamshi Shah and Kishorebhai Virani started discussing the formation of an 'OSHWAL ASSOCIATION' of Great Britain. In those early years we had no central records kept in Kenya or in London to find out who exactly was arriving here as a student or families who were fleeing Kenya due to the political changes after independence. To progress the formation of such a body like 'Oshwal Association' they needed to find out the contact details of Oshwals who had come from Kenya, an advert was placed in 'Jyotsna' a Gujarati publication read by our Kenyan households. The response they received was very encouraging; letters started arriving from Kenya giving them these details, names etc. – a very good start

After lots of gatherings & discussions with the various families, friends and students an adhoc Committee was formed in 1968. Our first meeting was held at Central Hall, in Westminster which was extremely well attended. On this day everyone who attended were very happy to meet each other from Kenya, the Committee was elected including the four Office bearers.

First Committee in 1968:

President – Kishorebhai Virani

Vice President – Dr Shantilal Dharamshi Shah

Treasurer – Ramesh Manilal Shah

Secretary – Shantibhai Lakhamshi Shah

The Committee members were:

Dhirajlal Shah, Ushaben Shobhag Shah, Jayantilal Ranmal Shah,
Jyotsnaben Mohinder Shah, Kishore Nemchand Shah, Lalitaben Shantilal Shah,
Naresh Devshi Shah, Jayendra Jethalal Shah, Mahendra Velji Shah,
Induben Dharendra Shah, Nimuben Khimchand Chandaria

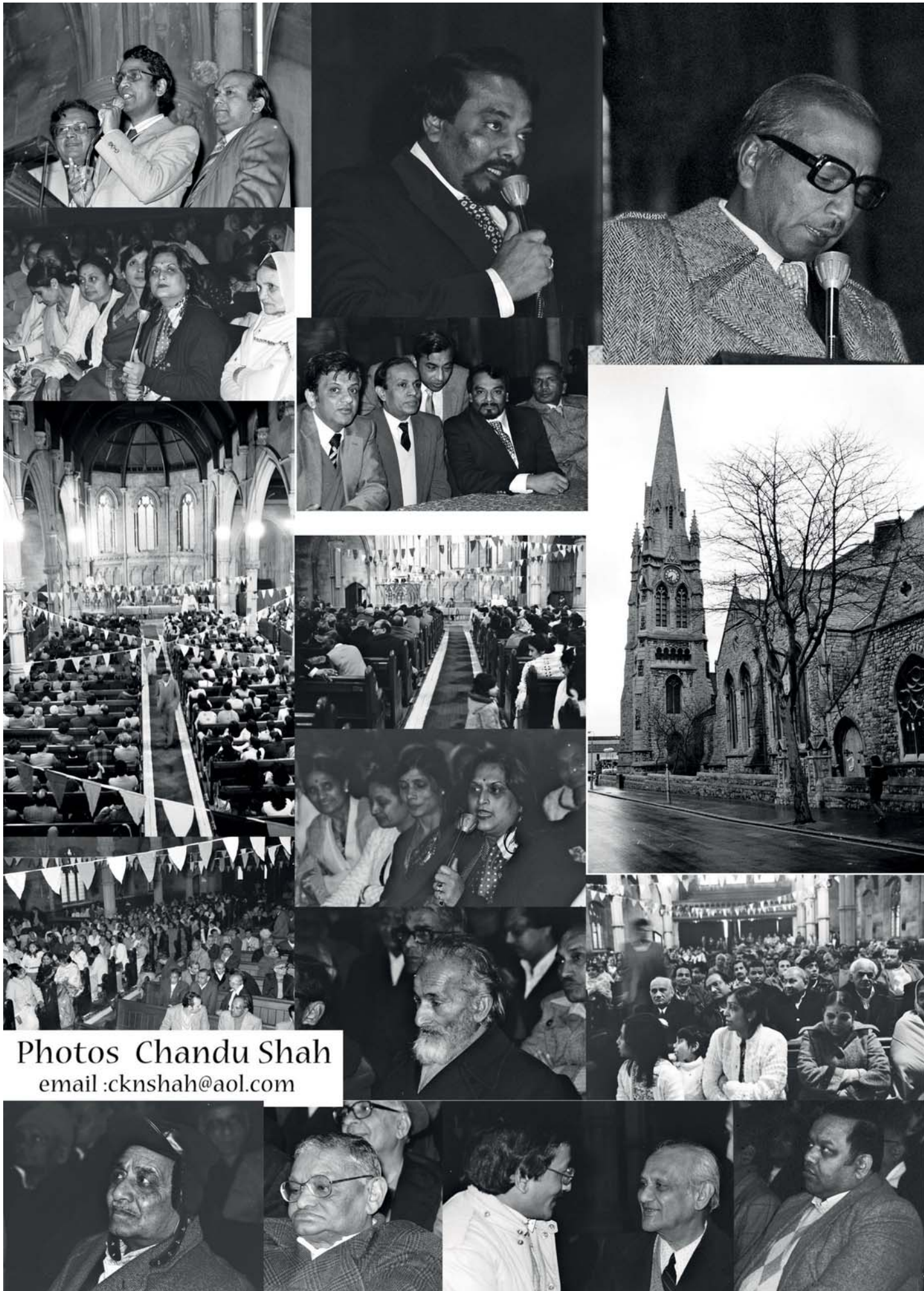
During 1968, 1969 most of the Oshwal meetings were held at Dr Shantilalbhai's home in Southall. Our first Pratikaman held in London with 45 people then followed by dinner for about 95 people was also held at his residence – 104 Uxbridge Road, Southall

In 1973 our OAUUK Constitution was registered, Ratilal Premchand Chandaria was the Chairman of the Board of Trustees, followed by Dr Shantilal Dharamshi Shah in 1975.

During all these years so many properties were viewed but in 1979 a special meeting was called at the Harrow Leisure Centre for the purchase of Hook House, the majority of the people present approved this so we bought our centre in Potters Bar. South London Mahajanwadi was purchased in 1983.

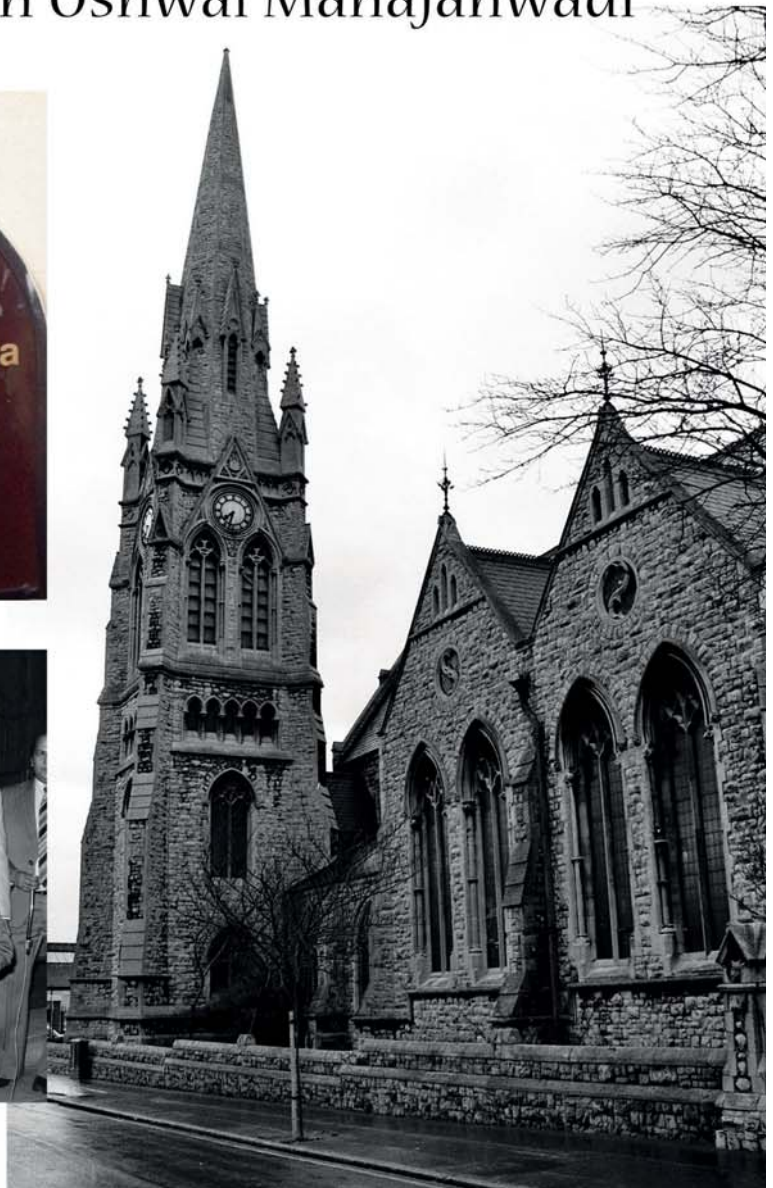
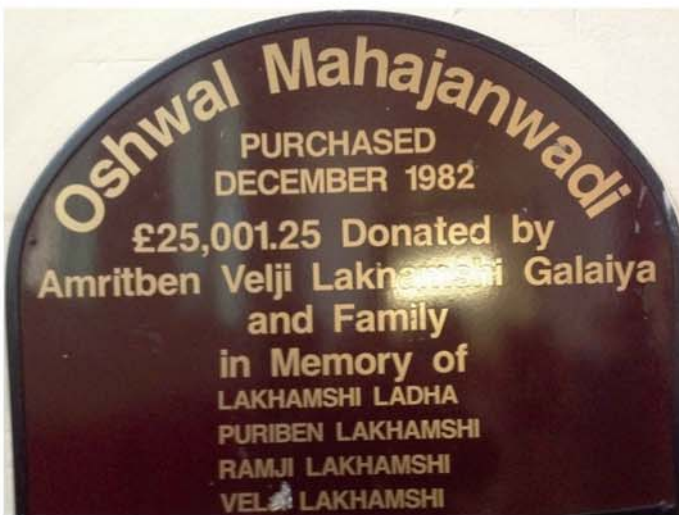
The above names were the key people who had the vision to look ahead and today we are seeing the fruits of their hard labour. OAUUK would like to thank them and their families, since the formation of the OAUUK we had many Committees and Volunteers who have come forward and got involved, you too can do the same – **Jai Oshwal**

Dr Shantilal D Shah





Opening South London Oshwal Mahajanwadi



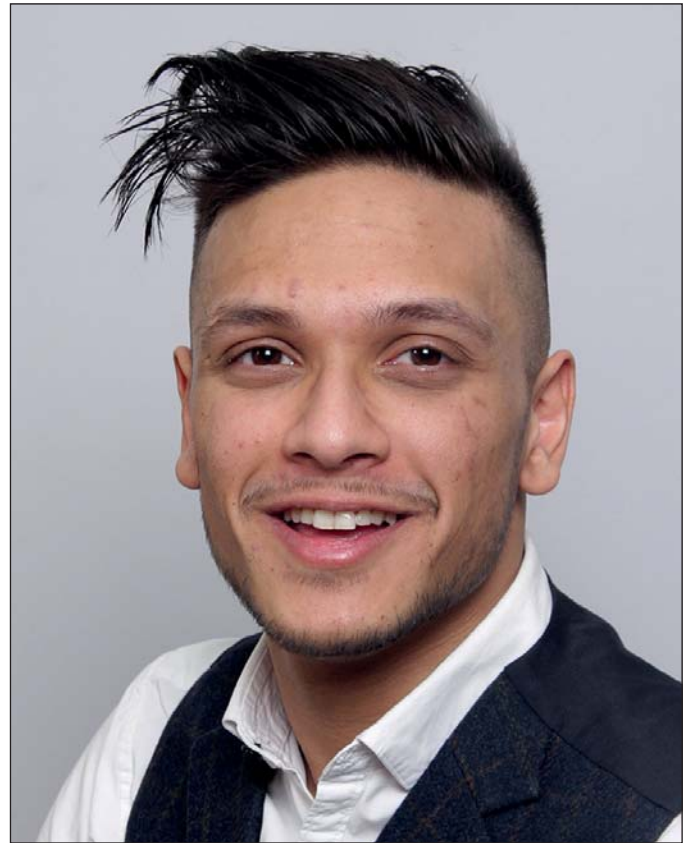
The Oxford English dictionary defines an entrepreneur as, *'a person who sets up a business or businesses, taking on financial risks in the hope of profit.'* I coriander myself to be more so an idealist. Allow me to introduce myself; I am Kavit Sunil Shah, by trade a scientist and the Founder and CEO of The Apricis Group, which means 'Sunny' in Latin. The eldest son of Sunil and Beena Shah (North West London.)

At an early age I had aspirations of being a Doctor. However due to ill health I had to re-evaluate my dream. Despite this I have obtained a BSc in Genetics from Kings College London and an MSc in Neuroscience from Imperial College London. The main lesson that I have learnt whilst developing and operating this company: Knowledge is POWER!

Business acumen has been a trait, which has been handed down each generation from my forefathers. Coming from that historical retail and manufacturing background, I quickly learnt the concept of supply and demand. In high school, I would sell coke cans, sweets and chewing gum in the aim to make profit.

In 2009, alongside my friends we took a risk and opened up a Shisha cafe. By the end of my second year we had established multiple cafes in and around West London. However, in 2012 we decided to dissolve the chain of cafes and I then looked into doing something more sustainable. Therefore, whilst I was finishing my MSc, I formed what is The Apricis Group comprising of three main divisions: Pharmaceuticals, Technology and Biotechnology.

In the past year and a half of developing this company I have managed to work with a wide range of companies and institutes. One of my recent attainments is freelancing with a major Cancer Institute in Mumbai. With this determination and focus, I have also been researching two of my own theories. Alongside



this, I have developed a smartphone application at beta stage: a peer-to-peer delivery app, which will allow the purchase and distribution of high street goods. It is anticipated that this will be active for public use by the end of 2015. With the progress of my app, I am in discussions for a full review in T3 Magazine in the near future.

The road to where I am now has been a long and difficult journey. It is this learning curve and with the help and support of friends and family that has grown me to the person I am today. I am not perfect and I have made mistakes but I use them to try and better myself. However, if it wasn't for my loving parents and close family and friends and people who came into my life and helped me to grow as a person I would not be here today doing what I do. I thank them, and apologies for any wrong done.

If anyone is interested or would like any information or advice please do not hesitate to contact me at: kavit.shah@apricisgroup.com

Linkedin Link: <https://uk.linkedin.com/pub/kavit-sunil-shah/bb/487/458>

SAFARI RALLY OF EAST AFRICA

This is still alive as a Classic Rally



Back in 1953, on the death of King George VI and the coronation of the new Queen (Elizabeth II) in June 1953, a proposal by founder member of motor competitions Eric Cecil to organise a motor rally through East Africa to pay tribute to the new Queen. It was accepted and was called 'Coronation Rally'. A route from Nairobi, around Lake Victoria, through Uganda and Tanganyika, and returning back into Kenya was established.



Peugeot 404 - 1968



Later it was known as the East African Safari Rally and in 1957 it was recognised in the International Motor sport calendar, and was held over the Easter weekend. It was recognised as a very tough rally in motor sport. But after 2002 it was dropped from the international calendar. And so Mike Kirkland a veteran rally driver decided and launched the East African Safari Classic Rally along with Surinder Thathi and Mike Doughty (both rally drivers), with cars to be entered built before 1974. Since then from 2003 it has been held every other year - 2005, 2007, 2009, 2011, 2013 and next 2015. But it is moved from Easter to November of the year.

This year the rally dates are 19th - 27th November.

www.eastafricansafarirally.com



A well-known regular participant has been Jayant Shah of Arusha. He has won the Kenya Rally championship in 1981, 1982, 1983 & 1984.

He has achieved overall 4th position in a very tough rally – Safari Rally of 1983 in a Nissan 240RS. He has done international rallies in Argentina and Greece. He has won the Himalayan Rally in India four times. Daughter Prina is also a rally driver.



Note from the Editor: If you are very interested in cars, please send me your pictures and stories on the cars you have owned, your first car etc. – I have come across members who own great classic cars and love them to bits. We may give a mention about these cars in the future issues.

Please contact: Sudhir Shah
Email: lesjeans62@hotmail.com

The writing of Vadhamni Song OM



Sometime in March this year Dilip Maroo approached me with a request to write a 'sing a song' with accompaniment for the Derasar celebrations. The only time that I could write the song was second half of June when I would be on holiday as I had commitments up until then. I drew the inspiration from my earlier song 'EK TA' which I wrote during the

inception and formative years of the Derasar project. While Ekta was to create awareness of the project,

Vadhamni would be celebratory.

With that thought the elements of the song fell in place.

Welcome and Greet - Svaagatam and Vadhamni

Decorate the Derasar for the occasion – Derasar Sajaavo

Carry out a grand procession – Varghodo

The grand finale, to hoist the flag to complete the ceremony - Dhaja

My intention was to introduce something new and fresh. Indian instrumental music and singing to my knowledge is purely melody based (raag) and I wanted to add something different to it. I also wanted to introduce features not heard in Indian songs before (again to my knowledge). All parts of the song had to sound equally important for every person

taking part in it as retaining unity (Ekta) was pivotal. That's where I chose to introduce rhythmic prose and subtle harmonies for chorus and string line. More so, I wanted it to sound traditional yet modern. With that I wrote the whole song with melody and rhythm composed in one sitting. Additionally, the song can be used for any other derasar anniversary celebrations by just changing one word 'dus' to any other year.

I took the musical score alongside the lyrics and presented it to the group on 12th July 2015. I sang it to them and to my relief they all liked it. I will never forget how emotional Daksha Maroo became. There were three further dry practice runs on 26th July, 19th and 23rd August, with not all participants present. The Group presented the song on 30th August 2015 with just one full rehearsal with professional musicians two hours prior to the public performance. I am so proud of everyone who took part in it and I can't thank them enough.

The lyrics in Gujarati and English alongside the musical score in English font, will be published on the website to encourage Oshwals to play the music on an instrument of their choice, sing and be proud of their heritage. With requests from people to hear the song again the vadhamni video has been uploaded on youtube. The link to that is:

https://www.youtube.com/watch?v=Lc8QUcWr_80 or simply type Vadhamni in the search box on youtube.

Finally, I would like to take this opportunity to congratulate each and every person who put their heart and soul into making the 10th anniversary of the Shikharbandh Derasat at Oshwal Centre, Northaw such a huge success. Well done!

Congratulations

Sainka Khilan Shah achieved 13 A* in GCSE and also received The Diana Award



Attained A* in all 13 subjects:
Maths, Maths Stats, Further Maths, English Language, English Literature, Physics, Chemistry, Biology, Geography, Business Studies, ICT, French and Hinduism.

Parents names:
Mr Khilan Natwarlal Shah & Mrs Sejal Khilan Shah

Sainka attended Bushy Meads School for GCSE and now studies A-levels in Maths, Biology and Economics at Parmiter's School in Watford. She has keen interest in reading, playing Chess and Badminton.

OAUK sends Congratulations to Sainka - We would be delighted to hear from other parents.

શ્રી મહાવીરાય નમઃ

શ્રદ્ધાંજલી

શ્રી પાશ્વનાથાય નમઃ

ૐ

જન્મ : ૩૧-૭-૧૯૪૩

નાઇરોબી ; કેનીયા



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દેહાંત : ૨૪-૨-૨૦૧૫

લંડન યુ.કે.

સ્વઃ પ્રભુલાલ મુલજ મેઘજી શાહ

આપનો આનંદી સ્વભાવ અને હસ્ત મુખડુ સૌને ગમતુ.
આપના મીઠા મધુરા બોલ સાંભળતા સૌના હૈયા ઠરતા .
જ્યાં આપની હાજરી ત્યાં ગમગીની ભાગતી અને ખુશી લહેરાતી.
નમસ્કાર મંત્રનો જાપ સાંભળતા આપે લીધી એમોથી ચિરવિદાય.
નહીં વિસરાય આપનો સાથ, હૈયામાં ગુંજશે આપના મીઠા સ્મરણો.
આપનું ભાવિ પ્રગતિશિલ, સુખમય અને આનંદમા રહે એવી શુભેચ્છા.

ૐ શાંતિ ૐ શાંતિ ૐ શાંતિ

આ દુઃખદ સમયે રૂબરૂ પધારી અમારા દુઃખમાં સહભાગી બની હુંક આપનારા અને ફોન, ફેક્સ, ઈમેલ કે ટેક્સ ધ્વારા શોકસંદેશ પાઠવી અમોને આશ્વાસન આપનાર, સદગતના આત્માની શક્તિ અર્થે પ્રાર્થના કરનાર તેમજ સદગતની અંતિમ ક્રિયામાં ઉપસ્થિત રહી ભાવભરી શ્રદ્ધાંજલી અર્પણ કરનાર સૌ સગાસબંધી, મિત્રોનો અમે હૃદયપૂર્વક આભાર માનીએ છીએ.

You will be dearly missed and never forgotten by us. You have inspired and encouraged us to make the most of what we relish and enjoy today. Even though you are not physically present with us your fond memories will remain in our heart for ever. May your soul rest in peace.

Om shanti Om shanti Om shanti

Jayaben Prabhulal

Nishit & Kavita, Bejul, Paras & Sheena, Siddhant & Krish